

JVB



JVB Paryushan 2016

29th August-6th September 2016

Morning Session: 10am-12pm

Agama Vaacanaa – Scriptural Discourse on Kalpasutra and Uttaradhyayan Sutra

Evening Session: 7pm-9:15pm

7-8pm: Pratikraman (Hindi & English)

8-8:25pm: Spiritual Talk by Samani Unnata Pragyaji

8:30-8:40pm: Meditation on past karmas

8:40-9:15pm – Spiritual Talk and Bhavanaa by Samani Kamal Pragyaji

Saturday 4th September and Sunday 5th September – Full Day Events : 10am-9pm

	Evening Lecture Series	
	Samani Kamal Pragyaji	Samani Unnata Pragyaji
29th Aug 2016	Why Paryushan	Travel into Past Life Memories
30th Aug 2016	How to Prepare for Paryushan	Bargaining Spirituality
31st Aug 2016	How to find the inner hidden pearls	Punya - A Blessing or a Curse
1st September 2016	Charge your battery with spirituality	Tension of Spiritual Vs Material Purpose
2nd September 2016	Neither tomorrow, nor Today but Now	Making And Breaking Of Relationship
3rd September 2016	Special Weekend Session	Special Weekend Session
4th September 2016	Special Weekend Session	Special Weekend Session
5th September 2016	Samvatsari Pratikraman & Our words, our asset.	Samvatsari Special
6th September 2016	Samvatsari Special	Samvatsari Special

Saturday 3rd September – Adults Event

Saghana Sadhana Shivar (Intense Spiritual Retreat)

10-11am	Vitarag Vandana, Bhaktambar Stotra, Paisathiya	
11-12pm	Agam Svadhyaya (Kalpa Sutra)	Birth of Mahavir
12-12:30pm	Kids Presentation	
12:30-1:30pm	Lunch (Bhavana Song)	
1:30-2:15pm	Aloyana Geeta or Prayaschit geet	Self Analysis Bhajan
2:15-3:15pm	Mantra for Purification	
3:15-3:45pm	Tea Break	
3:45-4:45pm	Kayotsarga Padima dhyana	Self Analysis Meditation
4:45-5:15pm	Aloyana Sutra	Self Analysis Sutra
5:15-6:15pm	Dinner	
6:15-6:30pm	Gaman Yoga	Walking Meditation
6:30-7:30pm	Pratikraman	
7:30-9pm	Arhat Vandana followed by quiz	What do you know about Lord Mahavir?

Sunday 4th September – Adults Event

Sarasa Sadhana Shivar (Interesting spiritual retreat)

10-10:30am	Vitarag Vandana, Bhaktambar Stotra, Paisathiya	
10:30-11:15am	Good Luck Demands Transformation Of Self	Samani Kamal Pragyaji
11:15-12pm	Meditation	Samaniji
12-12:30pm	Kids Presentation	
12:30-1:30pm	Lunch (Bhavana Song)	
1:30-2:30pm	Shades of Emotions	Samani Unnata Pragyaji
2:30-3pm	Mantra	Samaniji
3-3:30pm	Tea Break	
3:30-4pm	Transformation tips	Arshana
4-5pm	Change in Nano seconds	
5:15-6:15pm	Dinner	
6:15-6:30pm	Self Check Session	
6:30-7:30pm	Pratikraman	
7:30-9pm	Melodious Music by Sagar Malde & Team	

