

Jain Calendar 2014 Monthly Themes

January
'WOI HAI JAIN'

February
JAIN AUM

March
ESSENCE OF JAIN
DHARMA

April
AYAMBIL OLI

May
'TIRTHANKARAS' SYMBOLS

June
JAIN ECOLOGY

July
JAIN PHILOSOPHY

August
14 DREAMS

September
AHIMSA PARMO DHARAM

October
DIWALI

November
JAIN COSMOLOGY

December
JAIN MEDITATION

PLUS MUCH MORE

Jain Calendar 2014

Vir Samvat 2540 | Vikram Samvat 2070



CONCEPT & CREATED
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WALK THE TALK - LIVE THE JAIN WAY OF LIFE

YEAR 2014

JAI JINENDRA

“Praise to Jinas who have conquered themselves”

“May the dharma of the Jinas prevail in your heart”

**“if You begin your day with love in your heart,
have pure thoughts, peace in your mind,
you not only benefit by their presence,
but also bring them to your family, friends
and also to those whose destiny draws
across your path that day”**

“Sarve Janaha Sukhino Bhavanthu”

May all living things cherish and live happily

~ Be the Inspiration ~

Walk the Talk - Live the Jain Way of Life



Kishor Bhimji Shah

Namaskära Mahämantra

. . .Navkar Mantra. . .

namo arihantänam.

namo siddhänam.

namo äyariyänam.

namo uvajjhäyänam.

namo loe savva-sähunam.

eso panca-namukkäro,

savva-päva-ppanäsano;

mangalänam ca savvesim,

padhamam havai mangalam.

ॐ

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Jainism

Jainism is one of the oldest religion in the world. Jainism believes that the universe and all its substances or entities are eternal. It has no beginning or end with respect to time.

The followers of Jina are called Jains. Jains have also being known as 'Shramanas' (self reliant) or 'Nirganthas' (who does not have desires attachments, aversions, and passions).

All living beings have an individual soul (Jiva), which is essentially pure, but its absolute purity is contaminated by the influx of Karma. Karma is understood as a form of subtle matter which adheres to the soul as a result of its actions of the body, speech and mind. This accumulated Karma is the cause of the souls bondage in the cycle of birth and death.

The three jewels of Jainism are Right Faith (Samyak Darshan) ; Right Knowledge (Samyak Jnana) and Right Conduct (Samyak Charitra). Belief in the fundamental principles of Jainism is Right Faith ; recognition of the real is Right Knowledge ; freedom from attachment and aversion is Right Conduct. Right Conduct is based on the practice of the five vratas (vows) which are :- Ahimsa (non violence), Satya (truthfulness), Asteya (non theft or stealing), Aparigraha (non-possessiveness) and Brahmacharya (chastity).

Jain Philosophy rejects static dogma. It accepts change and growth as intrinsic to human experience. It calls for inner change and growth. Jainism teaches that you are the master of your own fate. You are the fountainhead of boundless energy. Ultimately, it is you who is responsible for each of your actions and its result.

Jainism has inspired a distinct stream of culture which has enriched philosophy, art, literature, architecture, democratic living and spiritual advancement in India and the rest of the world

**JAINISM IS MORE THAN A RELIGION,
IT IS A PHILOSOPHY AND A WAY OF LIFE**





If you can put truth above your own desires,
 And value those as friends, who feel the same,
 If you take pride in things that you have accomplished
 And when you are wrong, stand and take the blame

If you can understand your limitations
 And not waste time beyond your scope
 But take the future as a brand new challenge
 That you can meet with confidence and hope

If you can listen to those who would advise you
 And then judge for yourself just what is right,
 If you can keep in touch with all about you
 And settle differences without a fight....

If you can find delight in simple pleasures
 And see the rainbow - not the falling rain,
 If you can lose and never give up trying,
 Believing that there's nothing done in vain.....

If you can staunchly stick by your convictions
 And not let others set your goals for you
 If you can be as practical as need be
 And still remember that sometimes dreams come true ...


If you can live the life that you believe in
 And trust your judgement and maturity
 Then you'll be, not just happy and successful,
 But the worthwhile person you are meant to be

**THE ABOVE TEACHES US THE PROPER CONDUCT
 SAMYAK CHATIRA IN OUR DAILY LIVES**

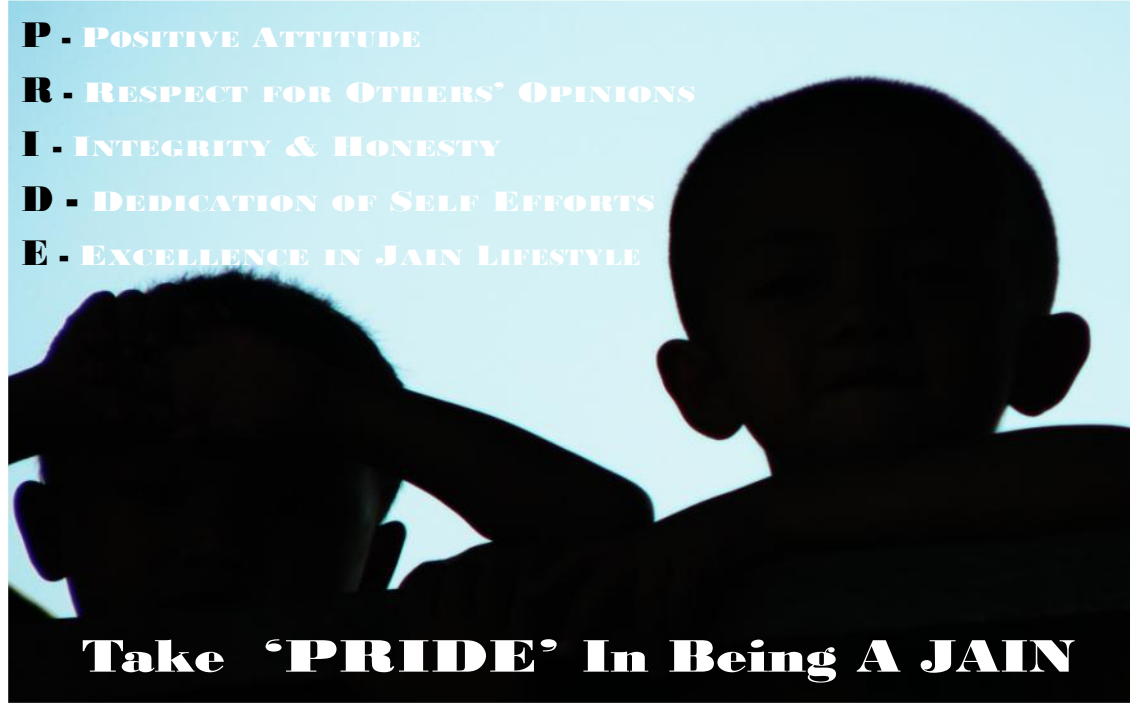
Kishor Bhimji Shah



'Walk the talk'
જ
**'Live the Jain
Way of Life'**




P - POSITIVE ATTITUDE
R - RESPECT FOR OTHERS' OPINIONS
I - INTEGRITY & HONESTY
D - DEDICATION OF SELF EFFORTS
E - EXCELLENCE IN JAIN LIFESTYLE




Take 'PRIDE' In Being A JAIN

'Walk the talk'
જ
**'Live the Jain
Way of Life'**



Justice
Affection
Introspection
Noble



Kishor Bhimji Shah

**Jai Jinendra Jis ki Zuban
ka Pehla Shabd Ho.
Arihanto ko Jo roz
pranam kare
Is Jivan me Jo Hinsa
Na Kre
Navkar Jiska Jivan
Mantra Ho
Wo hai Jain...**

Just
Impartial with all
Amiable
Cordial to all
Inclusive
seeks views of others
Non-violent
Respect for all



VIR SAMVAT 2540 **JAIN CALENDAR** VIKRAM SAMVAT 2070



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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MAGSAR - JANUARY 2014 - POSH | MAHA

Mon	Tue	Wed	Thu	Fri	Sat	Sun
MAGSAR: 1 JANUARY POSH: 2 TO 30 JANUARY		1 Vad Amas	2 Sud Ekam	3 Sud Bij	4 Sud Choth	5 Sud Pancham
6 Sud Chhath	7 Sud Satam	8 Sud Aatham	9 Sud Nom	10 Sud Dasam	11 Sud Agiyaras	12 Sud Baras
13 Sud Teras	14 Sud Teras	15 Sud Chaudas	16 Sud Poonam	17 Vad Ekam	18 Vad Bij	19 Vad Trij
20 Vad Choth	21 Vad Pancham	22 Vad Chhath	23 Vad Satam	24 Vad Aatham	25 Vad Nom	26 Vad Dasam
27 Vad Agiyaras	28 Vad Baras	29 Vad Chaudas	30 Vad Amas	31 Sud Ekam	MAHA: 31 JANUARY	

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 5 | 8 | 11 | 15 | 18 | 21 | 24 | 27 | 29

AVOID ROOT VEGETABLES

Date : 6 | 7 | 16 | 22 | 28 | 30

JAIN FESTIVAL

Date : 16 - Poonam (*Bhav Siddhachal Yatra*)

Date : 28 - Meru Teras

AUSPICIOUS DAY

Date : 06 -Vimalnath Kevalgyan Kalyanak

Date : 07 - Shantinath Kevalgnan Kalyanak

Date : 11 - Ajitnath Kevalgnan Kalyanak

Date : 15 - Abhinandanaswami Kevalgnan Kalyanak

Date : 16 - Dharmanath Kevalgnan Kalyanak

Date : 22 - Padmaprabhuswami Chavan Kalyanak

Date : 28 - Shitalnath Janma & Diksha Kalyanak

Date : 28 - Adinath Nirvan Kalyanak (*Vad Teras*)

Date : 30 - Shreyansanth Kevalgnan Kalyanak



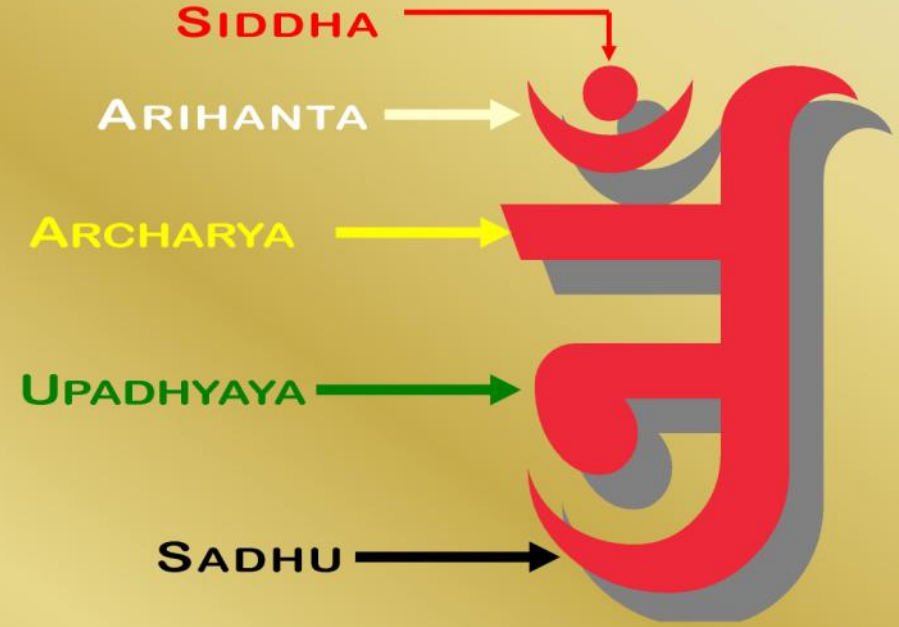
Even after listening to the holy scriptures and believing them,
it is difficult to tread the path of righteousness because many people
have faith in religion but they do not practice it.

.... UTTARAADHYAYANA SUTRA

Practice religion before the onset of old age,
when disease afflicts and the senses lose their power.

.... DASAVAICALIKA SUTRA





The Jain Aum represents the Namokar Mantra in Jainism

The word is made of five letters

a+a+a+u+m = Aum in Sanskrit

- | | | |
|---|-----|------------------|
| 1 | 'a' | Arihanta |
| 2 | 'a' | Ashariri(Siddha) |
| 3 | 'a' | Acharya |
| 4 | 'u' | Upadhyaya |
| 5 | 'm' | Muni (Sadhu) |

Jain Aum





VIR SAMVAT 2540 **JAIN CALENDAR** VIKRAM SAMVAT 2070



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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MAHA - FEBRUARY 2014 - MAHA

Mon	Tue	Wed	Thu	Fri	Sat	Sun
MAHA: 1 TO 28 FEBRUARY						
					1 Sud Bij	2 Sud Trij
3 Sud Choth	4 Sud Pancham	5 Sud Chhath	6 Sud Satam	7 Sud Aatham	8 Sud Nom	9 Sud Dasam
10 Sud Agiyaras	11 Sud Baras	12 Sud Teras	13 Sud Chaudas	14 Sud Poonam	15 Vad Ekam	16 Vad Ekam
17 Vad Bij	18 Vad Trij	19 Vad Choth	20 Vad Pancham	21 Vad Chhath	22 Vad Satam	23 Vad Aatham
24 Vad Nom	25 Vad Agiyaras	26 Vad Baras	27 Vad Teras	28 Vad Chaudas		

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 10 | 13 | 17 | 20 | 23 | 25 | 28

AVOID ROOT VEGETABLES

Date : 2 | 3 | 8 | 11 | 12 | 14 | 21 | 22 | 24 | 26 | 27

JAIN FESTIVAL

Date : 14 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 01 - Abhinandanaswami Janma Kalyanak

Date : 01 - Vasupujya Kevalgnan Kalyanak

Date : 02 - Dharmanath Janma Kalyanak

Date : 02 - Vimalnath Janma Kalyanak

Date : 03 - Vimalnath Diksha Kalyanak

Date : 07 - Ajitnath Janma Kalyanak

Date : 08 - Ajitnath Diksha Kalyanak

Date : 11 - Abhinandanaswami Diksha Kalyanak

Date : 12 - Dharmanath Diksha Kalyanak

Date : 21 - Suparshvanath Kevalgnan Kalyanak

Date : 22 - Suparshvanath Nirvan Kalyanak

Date : 22 - Chandraprabha Kevalgnan Kalyanak

Date : 24 - Suvidhinath Chavan Kalyanak

Date : 25 - Adinath Kevalgnan Kalyanak

Date : 26 - Shreyansanath Janma Kalyanak

Date : 26 - Munisuvrata Kevalgnan Kalyanak

Date : 27 - Shreyansanath Diksha Kalyanak

Date : 28 - Vasupujya Janma Kalyanak

OTHER - Date 14 - Valentine's day



It is difficult to conquer the five senses as well as anger, pride, delusion and greed. It is even more difficult to conquer the self.

Those who have conquered the self have conquered everything

.... UTTARAADHYAYANA

Fight with your own self, what is the use in fighting the external foes?

Difficult it is to conquer your own self.

.... ACARANGA SUTRA1

MARCH 2014

Blessings be to the entire universe

May everyone be engrossed in each other's well being

May all weakness and faults be eradicated

Everywhere let everyone be in bliss

ॐ

~Essence of Jain Dharma~

SATTVA:

Conviction and courage
to stand up for what is
right. Defend the
truth without getting
carried away
by popular opinion

VIVEKDRASHTI:

Knowing the difference
between right and wrong
Knowing what is worth leaving
(*heya*), worth knowing (*gneya*)
and worth achieving (*upadeya*)

AUCHITYA:

Doing what is appropriate
(*uchit*) as per the situation
and time.



KISHOR BHIMJI SHAH



VIR SAMVAT 2540 **JAIN CALENDAR** VIKRAM SAMVAT 2070



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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MAHA - MARCH 2014 - FAGAN | CHAITRA

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31 Sud Ekam		MAHA: 1 MARCH FAGAN: 2 TO 30 MARCH CHAITRA: 31			1 Vad Amas	2 Sud Ekam
3 Sud Bij	4 Sud Choth	5 Sud Pancham	6 Sud Chhath	7 Sud Satam	8 Sud Satam	9 Sud Aatham
10 Sud Nom	11 Sud Dasam	12 Sud Agiyaras	13 Sud Baras	14 Sud Teras	15 Sud Chaudas	16 Sud Poonam
17 Vad Ekam	18 Vad Bij	19 Vad Trij	20 Vad Choth	21 Vad Pancham	22 Vad Chhath	23 Vad Satam
24 Vad Aatham	25 Vad Nom	26 Vad Dasam	27 Vad Agiyaras	28 Vad Baras	29 Vad Chaudas	30 Vad Amas

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 5 | 9 | 12 | 15 | 18 | 21 | 24 | 27 | 29

AVOID ROOT VEGETABLES

Date : 1 | 4 | 13 | 14 | 16 | 20

JAIN FESTIVAL

Date : 14 - Siddhachal Chhagau Yatra | Pradishama

Date : 15 - Chaumasi Chaudas

Date : 16 - Poonam (*Bhav Siddhachal Yatra*)

Date : 24 - Varshitap Begins

AUSPICIOUS DAY

Date : 01 - Vasupujya Diksha Kalyanak

Date : 03 - Aranath Chavan Kalyanak

Date : 03 - 20 Viharmans Bhagwans Diksha Kalyanak

Date : 04 - Malinath Chavan Kalyanak

Date : 09 - Sambhavanath Chavan Kalayanak

Date : 13 - Mallinath Nirvan Kalyanak

Date : 13 - Munisuvrata Diksha Kalyanak

Date : 20 - Parshvanath Chavan & Kevalgnan Kalyanak

Date : 21 - Chandraprabhu Chavan Kalyanak

Date : 24- Adinath Janma & Diksha Kalyanak

OTHER

Date : 06 - World Book day

Date : 08 - International Women's Day

Date : 17-18 - Holi

Date : 29 - Earth Hour | Date : 30 - Mother's day



Be prepared to hear a great religion, and when it is heard.

Be prepared to practice it in thought, deed and word.

Be prepared to intercept new papa-karma by abstinence.

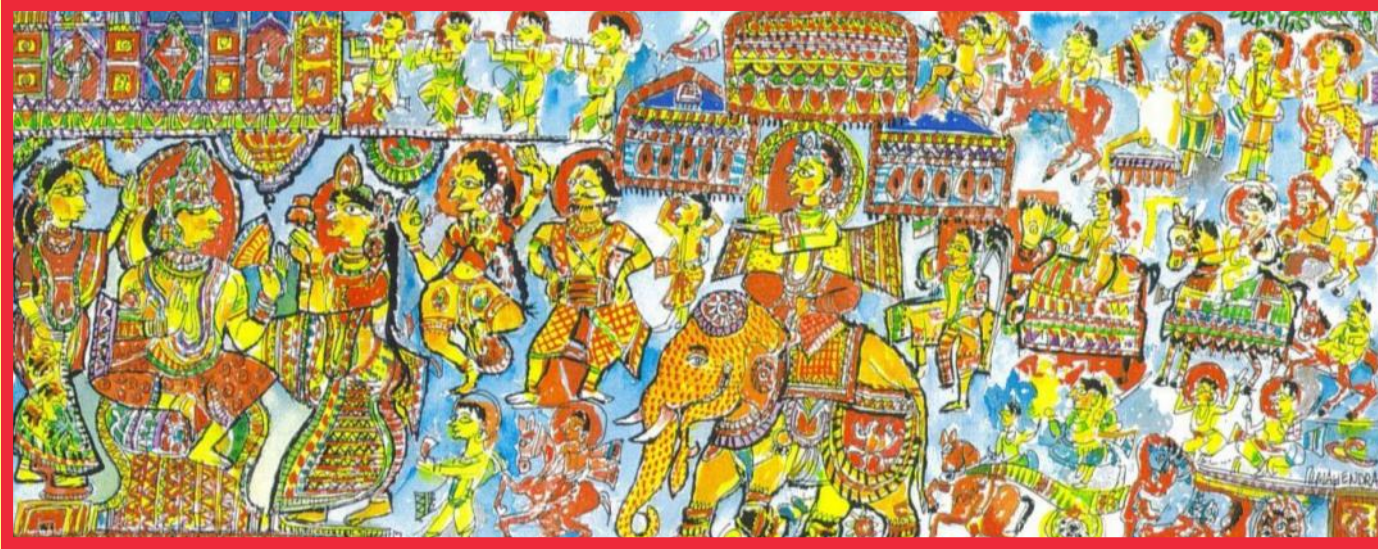
Be prepared to dissolve karmic bonds by unselfish tapa.

Be prepared to shelter the homeless and the helpless.

Be prepared to educate those in need of it.

Be prepared to serve the sick willingly.

Be prepared to end discord through goodwill and good deeds.



TIRTHANKARA NEMINATH'S WEDDING PROCESSION



SIDDHACHAKRA SCRIPT

AYAMBIL OLI

Siddhachakra is the Wheel of Perfection
This mandala of the Siddhachakra
is the purest form of meditation.

1		ARIHANTA
2		SIDDHA
3		ACHARYA
4		UPADHYAYA
5		SADHU
6		DARSHAN (FAITH)
7		GNAN (KNOWLEDGE)
8		CHARITRA (CONDUCT)
9		TAP (PENANCE)

The food eaten during Ayambil
is like a detoxification &
beneficial for one's health.
It also helps reduce one's
carbon & himsa footprint



VIR SAMVAT 2540 **JAIN CALENDAR** VIKRAM SAMVAT 2070



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

CHAITRA - APRIL 2014 - VAISHAKH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Sud Bij	2 Sud Trij	3 Sud Choth	4 Sud Pancham	5 Sud Chhath	6 Sud Satam
7 Sud Aatham	8 Sud Nom	9 Sud Dasam	10 Sud Dasam	11 Sud Agiyaras	12 Sud Baras	13 Sud Teras
14 Sud Chaudas	15 Sud Poonam	16 Vad Ekam	17 Vad Bij	18 Vad Trij	19 Vad Choth	20 Vad Pancham
21 Vad Satam	22 Vad Aatham	23 Vad Nom	24 Vad Dasam	25 Vad Agiyaras	26 Vad Baras	27 Vad Teras
28 Vad Chaudas	29 Vad Amas	30 Sud Ekam			CHAITRA: 1 TO 29 APRIL VAISHAKH: 30 APRIL	

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 to 15 | 17 | 20 | 22 | 25 | 28

VOID ROOT VEGETABLES

Date : 2 | 16 | 21 | 24 | 27

JAIN FESTIVAL

Date : 07-15 - Ayambil Oli

Date : 13 - Mahavirswami Janma Kalyanak

Date : 15 - Chaitra Poonam (*Bhav Siddhachal Yatra*)

Date : 15 - Ayambil Oli Finishes

Date : 16 - Ayambil Oli Parna

AUSPICIOUS DAY

Date : 02 - Kunthunath Kevalgnan Kalyanak

Date : 04 - Ajitnath Nirvan Kalyanak

Date : 04 - Sambhavanath Nirvan Kalyanak

Date : 04 - Anantanath Nirvan Kalyanak

Date : 08 - Sumatinath Nirvan Kalyanak

Date : 11 - Sumatinath Kevalgnan

Date : 13 - Mahavirswami Janma Kalyanak

Date : 13 - 20 Viharmans Bhagwans

Kevalgnan Kalyanak

Date : 15 - Padmaprabhu Kevalgnan Kalyanak

Date : 16 - Kunthunath Nirvan Kalyanak

Date : 17 - Shitalnath Nirvan Kalyanak

Date : 20 - Kunthunath Diksha Kalyanak

Date : 21 - Shitalnath Chavan Kalyanak (*Vad Choth*)

Date : 24 - Naminath Nirvan Kalyanak

Date : 24 - 20 Viharmans Bhagwans Janma Kalyanak

Date : 27 - Anantanath Janma Kalyanak

Date : 28 - Anantanath Diksha & Kevalgnan Kalyanak

Date : 28 - Kunthunath Janma Kalyanak



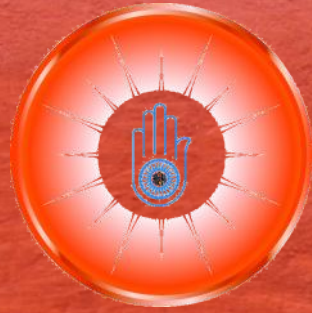
All living beings in this world experience individually the fruits of their own karma. Their life after death is determined by their past deeds.

Nobody can escape the results of karma.

.... SUTRA KRUTAANGA

Having destroyed all previous karma through self control and austerities, humans reach the path of liberation and attain moksha.

.... DASAVAICALIKA



MAY 2014



SHREE RISHABHADEV	BULL	1A
SHREE AJITNATH	ELEPHANT	1B
SHREE SAMBHAVANATH	HORSE	1C
SHREE ABHINANDAN SWAMI	MONKEY	1D
SHREE SUMATINATH	KRAUNCHA (BIRD)	1E
SHREE PADMAPRABHU SWAMI	LOTUS	1F
SHREE SUPARSHVANATH	SWASTIKA	2A
SHREE CHANDRAPRABHU SWAMI	MOON	2B
SHREE SUVIDHINATH	CROCODILE	2C
SHREE SHITALNATH	WISH YIELDING TREE	2D
SHREE SHREYANSANATH	RHINOCEROUS	2E
SHREE VASUPOJYA SWAMI	BUFFALO	2F
SHREE VIMALNATH	BOAR	3A
SHREE ANANTANATH	FALCON	3B
SHREE DHARMANATH	THUNDERBOLT	3C
SHREE SHANTINATH	DEER	3D
SHREE KUNTHUNATH	GOAT	3E
SHREE ARANATH	FISH	3F
SHREE MALLINATH	WATER POT	4A
SHREE MUNISURVRATA SWAMI	TORTOISE	4B
SHREE NAMINATH	LILY	4C
SHREE NEMINATH	CONCH SHELL	4D
SHREE PARSHVANATH	SERPENT	4E
SHREE MAHAVIR SWAMI	LION	4F



KISHOR BHIMJI SHAH



VIR SAMVAT 2540 **JAIN CALENDAR** VIKRAM SAMVAT 2070



AATHAM CHAUDAS PANCHAM BIJ AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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VAISHAKH - MAY 2014 - JETH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
VAISHAKH: 1 TO 28 MAY JETH: 29 TO 31 MAY			1 Sud Bij	2 Sud Trij	3 Sud Choth	4 Sud Pancham
15 Sud Chhath	6 Sud Satam	7 Sud Aatham	8 Sud Nom	9 Sud Dasam	10 Sud Agiyaras	11 Sud Baras
12 Sud Teras	13 Sud Chaudas	14 Sud Poonam	15 Vad Ekam	16 Vad Bij	17 Vad Trij	18 Vad Choth
19 Vad Pancham	20 Vad Chhath	21 Vad Aatham	22 Vad Nom	23 Vad Dasam	24 Vad Agiyaras	25 Vad Baras
26 Vad Teras	27 Vad Chaudas	28 Vad Amas	29 Sud Ekam	30 Sud Bij	31 Sud Trij	

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 10 | 13 | 16 | 19 | 21 | 24 | 27 | 30

AVOID ROOT VEGETABLES

Date : 2 | 3 | 6 | 8 | 9 | 11 | 12 | 14 | 20 | 22 | 26

JAIN FESTIVAL

Date : 02 - Varshitap Parna

Date : 14 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 03 - Abhinandan Chavan Kalyanak

Date : 06 - Dharmanath Chavan Kalyanak

Date : 07 - Abhinandan Nirvan Kalyanak

Date : 07 - Sumatinath Janma Kalyanak

Date : 08 - Sumatinath Diksha kalyanak

Date : 09 - Mahavirswami Kevalgnan Kalyanak

Date : 11 - Vimalnath Chavan Kalyanak

Date : 12 - Ajitnath Chavan Kalyanak

Date : 20 - Shreyansanath Chavan Kalyanak

Date : 21 - Munisuvrata Janma Kalyanak

Date : 22 - Munisuvrata Nirvan Kalyanak

Date : 26 - Shantinath Janma & Nirvan Kalyanak

Date : 27 - Shantinath Diksha Kalyanak



Victory over one's self is greater than conquering thousands
and thousands of enemies on the battle field.

A true conqueror is one who conquers his own self.

.... UTTARADHYAYANA SUTRA

He who knows the one (the self) comprehends everything,
and he who comprehends all, knows the one (the self)

.... ACARANGA SUTRA



JUNE 2014

One tree less means that much less shade.
One tree less means that much soil eroded.
One tree less means that much less oxygen.
One tree less means that much pollution.
One tree less means that many birds without nests.
One tree less means that many animals without shelter.
One tree less means that much less water, less food.
One tree less means that much heat, more cold.
One tree less, another tree less
And another tree less means nothing in the end.

Nothing

Lord Mahavir considered
reverence for nature as the
highest virtue and destruction of
environment as cruelty to nature.

"One who knows the demerit
of the destruction of plants
and trees, knows the merit of
reverence for nature"

Jainism is fundamentally a faith of ecology, which has enabled Jains
to create an environment-friendly value system and code of conduct.

Ahimsa (non violence) & Asteya (non stealing) are two of its main
tenets which reflect Jainism dedication to the environment.



KISHOR BHIMJI SHAH



The true meaning of life

is to plant trees, under whose

shade you do not expect to sit





VIR SAMVAT 2540 **JAIN CALENDAR** VIKRAM SAMVAT 2070



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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JETH - JUNE 2014 - ASHADH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30 Sud Trij		JETH: 1 TO 27 JUNE ASHADH: 28 TO 30 JUNE				1 Sud Choth
2 Sud Choth	3 Sud Pancham	4 Sud Chhath	5 Sud Satam	6 Sud Aatham	7 Sud Nom	8 Sud Dasam
9 Sud Agiyaras	10 Sud Baras	11 Sud Teras	12 Sud Chaudas	13 Sud Poonam	14 Vad Bij	15 Vad Trij
16 Vad Choth	17 Vad Pancham	18 Vad Chhath	19 Vat Satam	20 Vad Aatham	21 Vad Nom	22 Vad Dasam
23 Vad Agiyaras	24 Vad Baras	25 Vad Teras	26 Vad Chaudas	27 Vad Amas	28 Sud Ekam	29 Sud Bij

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 6 | 9 | 12 | 14 | 17 | 20 | 23 | 26 | 29

AVOID ROOT VEGETABLES

Date: 7 | 10 | 11 | 13 | 16 | 19 | 21

JAIN FESTIVAL

Date: 13 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 03 - Dharmnath Nirvan Kalyanak

Date : 07 - Vasupujya Chavan Kalyanak

Date : 10 - Suparshvanath Janma Kalyanak

Date : 11 - Suparshvanath Diksha Kalyanak

Date : 16 - Adinath Chavan Kalyanak

Date : 19 - Vimalnath Nirvan Kalyanak

Date : 21- Naminath Diksha Kalyanak

OTHER

Date : 05 - World Environment Day

Date : 15 - Father's Day



The environmental issues facing us are not just global responsibilities. We can all make a difference. The only place to start is with and within ourselves, instead of wondering what others are or should be doing. We can all be mindful of Earth's resources, appreciating the good things we have instead of taking them for granted. Let us, as Jains, be true environmentalists by following the basic tenets of our faith - Ahimsa, Anekantavada and Aparigraha and living the Jain Way of Life and also be a source of inspiration to others



JULY 2014

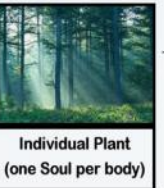
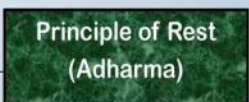
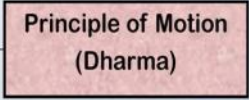
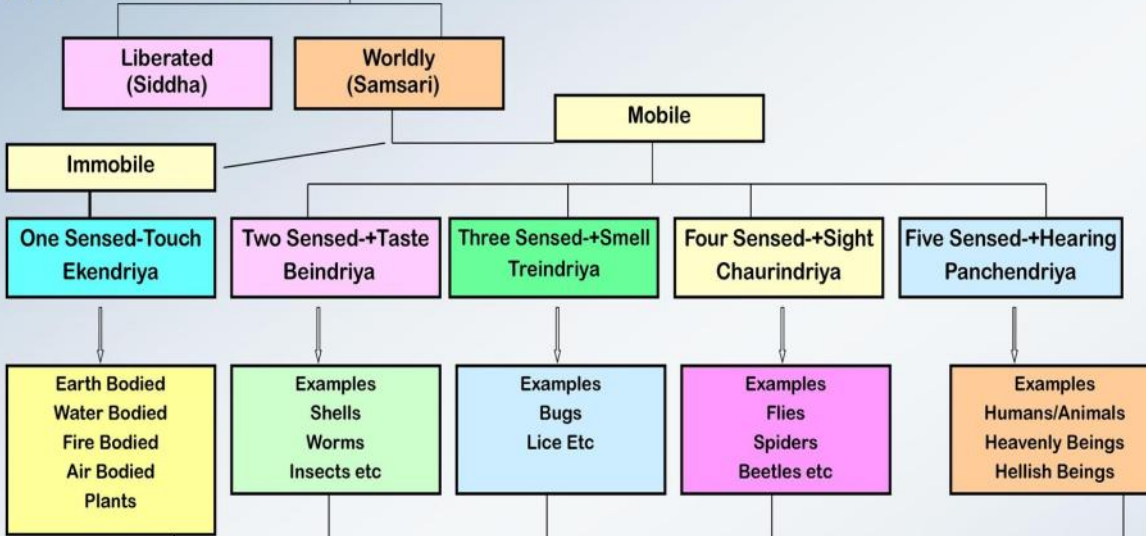
જાૈન ઈતિહાસકર્મિત્ય :

JAIN UNDERSTANDING OF REALITY

UNIVERSAL ELEMENTS

ANIMATE ELEMENTS Types of Soul (Jiva)

INANIMATE ELEMENTS Non Souls (Ajiva)





VIR SAMVAT 2540 **JAIN CALENDAR** VIKRAM SAMVAT 2070



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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ASHADH - JULY 2014 - SHRAVAN

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Sud Choth	2 Sud Pancham	3 Sud Chhath	4 Sud Satam	5 Sud Aatham	6 Sud Nom
7 Sud Nom	8 Sud Agiyaras	9 Sud Baras	10 Sud Teras	11 Sud Chaudas	12 Sud Poonam	13 Vad Ekam
14 Vad Bij	15 Vad Choth	16 Vad Pancham	17 Vad Chhath	18 Vad Satam	19 Vad Aatham	20 Vad Nom
21 Vad Dasam	22 Vad Agiyarsa	23 Vad Baras	24 Vad Teras	25 Vad Chaudas	26 Vad Amas	27 Sud Ekam
28 Sud Ekam	29 Sud Bij	30 Sud Trij	31 Sud Choth		ASHADH: 1 TO 26 JULY SHRAVAN: 27 TO 31 JULY	

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 8 | 11 | 14 | 16 | 19 | 22 | 25 | 29

AVOID ROOT VEGETABLES

Date: 3 | 5 | 12 | 13 | 18 | 20 | 30

JAIN FESTIVAL

Date: 11 - Chaumasi Chaudas

Date: 12 - Guru Purnima

AUSPICIOUS DAY

Date : 03 - Mahavirswami Chavan Kalyanak

Date : 05 - Neminath Nirvan Kalyanak

Date : 11 - Vasupujyu Nirvan Kalyanak

Date : 13 - 20 Viharmans Bhagwans Chavan Kalyanak

Date : 14 - Shreyansanath Nirvan Kalyanak (*Vad Trij*)

Date : 18 - Anantanath Chavan Kalyanak

Date : 19 - Naminath Janma Kalyanak

Date : 20 - Kunthunath Chavan Kalyanak

Date : 29 - Sumatinath Chavan kalyanak

Date : 30 - 20 Viharmans Bhagwans Nirvan Kalyanak



There are four types of speech
Truth which is not fit to be told in public, truth mixed with
false-hood 'speech' which is doubtful and uncertain, untruth
A wise person should not speak any of these four types
..... DASAVAIALIKA SUTRA

Essentially there is no difference between the souls,
be it the soul of an elephant or of an ant or of a man
..... BHAGAVATI SUTRA



AUGUST 2014



Kishor Bhimji Shah





VIR SAMVAT 2540 **JAIN CALENDAR** VIKRAM SAMVAT 2070



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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SHRAVAN - AUGUST 2014 - BHADARVO

Mon	Tue	Wed	Thu	Fri	Sat	Sun
SHRAVAN: 1 TO 25 AUGUST BHADARVO: 26 TO 31 AUGUST				1 Sud Pancham	2 Sud Chhath	3 Sud Satam
4 Sud Aatham	5 Sud Nom	6 Sud Dasam	7 Sud Agiyaras	8 Sud Baras	9 Sud Chaudas	10 Sud Poonam
11 Vad Ekam	12 Vad Bij	13 Vad Trij	14 Vad Choth	15 Vad Pancham	16 Vad Chhath	17 Vad Aatham
18 Vad Nom	19 Vad Nom	20 Vad Dasam	21 Vad Agiyaras	22 Vad Baras	23 Vad Teras	24 Vad Chaudas
25 Vad Amas	26 Sud Ekam	27 Sud Bij	28 Sud Trij	29 Sud Choth	30 Sud Pancham	31 Sud Chhath

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 9 | 12 | 15 | 17 | 21 | 22 to 30

AVOID ROOT VEGETABLES

Date: 2 | 10 | 16

JAIN FESTIVAL

Date: 10 - Poonam (*Bhav Siddhachal Yatra*)

Date: 10 - Raksha Bandhan

Date: 22-29 - Paryushan Maha Parva

Date : 25 - Kalpa Sutra Vanchan

Date : 26 - Mahavirswami Janma Vanchan & Sapna Darshan

Date : 29 - Kshamapana, Baras Sutra Vanchan, Samvantsari Pratikraman

Date : 30 - Parna

AUSPICIOUS DAY

Date : 01 - Neminath Janma Kalyanaks

Date : 02 - Neminath Diksha Kalyanaks

Date : 04 - Parshavanath Nirvan Kalyanak

Date : 10 - Munisuvrata Chavan Kalyanak

Date : 16 - Shantinath Chavan Kalyanak (*Vad Satam*)

Date : 16 - Chandraprabhu Nirvan Kalyanak (*Vad Satam*)

Date : 17 - Suparshvanath Chavan Kalyanak



“Khamemi Savve Jiva, Savve Jiya Khamantu Me
Metti Me Savve Bhuyesu, Veram Majham N Kenal”

I forgive all beings, may all living beings forgive me. I cherish
friendliness towards all and harbour enmity towards none”

.... AVASYAKA SUTRA

“When anger is conquered, the spirit of forgiveness
springs in the soul” UTTARADHYAAYAN SUTRA



 KISHOR BHIMJI SHAH

"AHIMSA PARMO DHARAM"

~ NON VIOLENCE IS THE SUPREME RELIGION ~

In its absolute definition, "violence is the presence of evil thoughts, feeling or attitude." Ahimsa is to be practised both at the physical and mental level - There should be no Himsa by Man' (mind); 'Vachan' (speech); 'Kaya' (body).

Even hurting someone's feeling is Himsa





AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS | JAIN FESTIVAL | AUSPICIOUS DAY

BHADARVO - SEPTEMBER 2014 - AASO

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Sud Satam	2 Sud Aatham	3 Sud Nom	4 Sud Dasam	5 Sud Agiyaras	6 Sud Baras	7 Sud Teras
8 Sud Chaudas	9 Sud Poonam	10 Vad Bij	11 Vad Trij	12 Vad Choth	13 Vad Pancham	14 Vad Chhath
15 Vad Satam	16 Vad Aatham	17 Vad Nom	18 Vad Dasam	19 Vad Agiyaras	20 Vad Baras	21 Vad Teras
22 Vad Teras	23 Vad Chaudas	24 Vad Amas	25 Sud Ekam	26 Sud Bij	27 Sud Trij	28 Sud Choth
29 Sud Pancham	30 Sud Chhath			BHADARVO: 1 TO 24 SEPTEMBER AASO: 25 TO 30 SEPTEMBER		

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 8 | 10 | 13 | 16 | 19 | 23 | 26 | 29 | 30

AVOID ROOT VEGETABLES

Date: 3 | 9 | 24

JAIN FESTIVAL

Date : 09 - Poonam (*Bhav Siddhachal Yatra*)

Date: 30 Sept to 08 Oct - Ayambil Oli

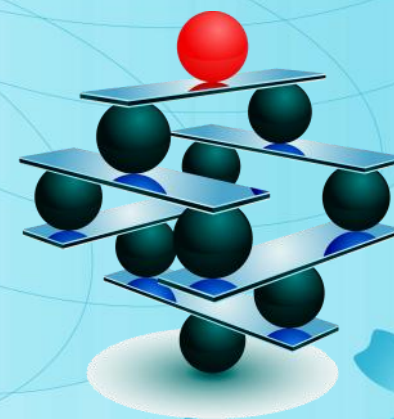
AUSPICIOUS DAY

Date : 03 - Suvidhinath Nirvan Kalyanak

Date : 24 - Neminath Kevalgnan Kalyanak

OTHER

Date : 25 Sept to 3 Oct - Navarati



Navkar Mantra is the essence of Jain faith
 Equanimity is the essence of austerities and restraints
 Right character is essence of the renounced life
 Donation is the essence of wealth,
 Discernment is the essence of human life
 Non - violence is the essence of religion
 Pleasure is the essence of devotion

OCTOBER 2014



Jains celebrate Diwali, because Bhagwan Mahavir attained Nirvana on this day. At the time of Bhagwan Mahavir's nirvana there were eighteen kings of Northern India present and they decided that the light of knowledge that was extinguished with the passing of Bhagwan Mahavir would be kept alive symbolically by the lighting of lamps. It is since then the festival of light - Diwali - has been observed by Jains.





AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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AASO - OCTOBER 2014 - KARTIK

Mon	Tue	Wed	Thu	Fri	Sat	Sun
AASO: 1 TO 23 OCTOBER KARTIK: 24 TO 31 OCTOBER		1 Sud Satam	2 Sud Aatham	3 Sud Nom	4 Sud Agiyaras	5 Sud Baras
6 Sud Teras	7 Sud Chaudas	8 Sud Poonam	9 Vad Ekam	10 Vad Bij	11 Vad Trij	12 Vad Choth
13 Vad Pancham	14 Vad Chhath	15 Vad Satam	16 Vad Aatham	17 Vad Nom	18 Vad Dasam	19 Vad Agiyaras
20 Vad Baras	21 Vad Teras	22 Vad Chaudas	23 Vad Amas	24 Sud Ekam	25 Sud Bij	26 Sud Trij
27 Sud Choth	28 Sud Pancham	29 Sud Chhath	30 Sud Satam	31 Sud Aatham		

AVOID GREEN & ROOT VEGETABLES

Date: 1 to 10 | 13 | 16 | 19 | 22 | 25 | 28 | 31

AVOID ROOT VEGETABLES

Date: 20 | 21 | 23 | 24 | 26

JAIN FESTIVAL

Date: 30 Sept to 08 Oct - Ayambil Oli

Date : 08 - Poonam (*Bhav Siddhachal Yatra*)

& Ayambil Oli Finishes

Date : 09 - Parna

Date: 21 - Dhaneras

Date : 22 - Kali Chaudas

Date : 23 - Diwali

Date : 24 - New Years Day

Date : 25 - Bhai Bij

Date : 28 - Gyan Pancham

AUSPICIOUS DAY

Date : 08 - Naminath Chavan Kalyanak

Date : 13 - Sambhavanath Kevalgnan Kalyanak

Date : 20 - Neminath Chavan Kalyanak

Date : 20 - Padmaprabhu Janma Kalyanak

Date : 21 - Padmaprabhu Diksha Kalyanak

Date : 23 - Mahavirswami Nirvan Kalyanak

Date : 24 - GautamSwami Kevalgnan Kalyanak

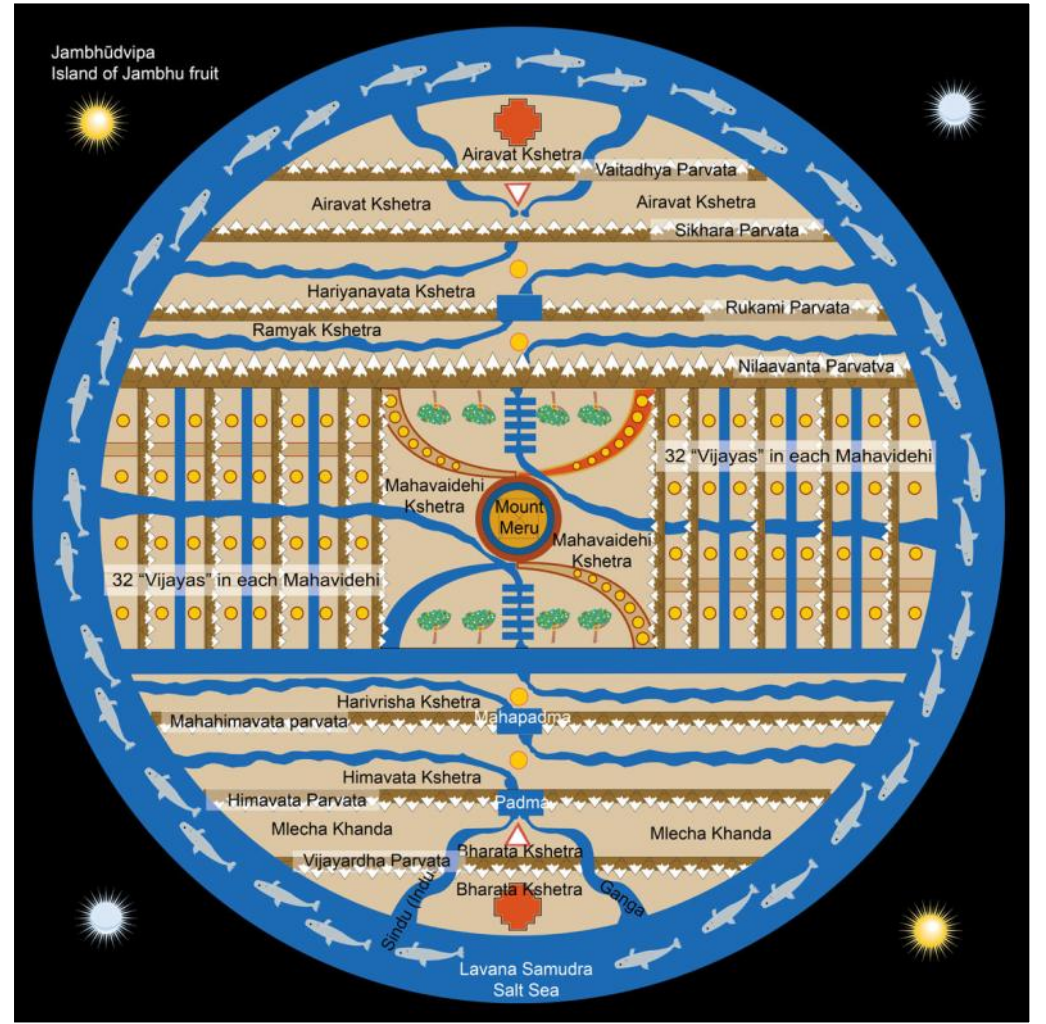
Date : 26 - Suvidhinath Kevalgnan Kalyanak

OTHER: Date : 02 - Ahimsa Day | Oct - Vegetarian Awareness month



Varshe bhale vaadali ne vaayo bhale vaai
 Prabhu taro divdo toyee naa bujhaai
 Jhagmagtao divdo kadi naa bujhaai
 Prabhu taaraa gunla jo premthi gavaai
 Shradhaano divdo kadi naa bujhaai
 Prabhu taaraa gunla jo premthi gavaai

NOVEMBER 2014



JAIN COSMOLOGY



KISHOR BHIMJI SHAH



VIR SAMVAT 2541 **JAIN CALENDAR** VIKRAM SAMVAT 2071



AATHAM CHAUDAS PANCHAM BIJ AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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KARTIK - NOVEMBER 2014 - MAGSAR

Mon	Tue	Wed	Thu	Fri	Sat	Sun
KARTIK: 1 TO 22 NOVEMBER MAGSAR: 23 TO 30 NOVEMBER					1 Sud Nom	2 Sud Dasam
3 Sud Agiyaras	4 Sud Baras	5 Sud Chaudas	6 Sud Poonam	7 Vad Ekam	8 Vad Bij	9 Vad Trij
10 Vad Choth	11 Vad Pancham	12 Vad Chhath	13 Vad Satam	14 Vad Satam	15 Vad Aatham	16 Vad Nom
17 Vad Dasam	18 Vad Agiyaras	19 Vad Baras	20 Vad Teras	21 Vad Chaudas	22 Vad Amas	23 Sud Ekam
24 Sud Bij	25 Sud Trij	26 Sud Choth	27 Sud Pancham	28 Sud Satam	29 Sud Aatham	30 Sud Nom

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 5 | 8 | 11 | 15 | 18 | 21 | 24 | 27 | 29

AVOID ROOT VEGETABLES

Date: 4 | 6 | 12 | 16

JAIN FESTIVAL

Date : 05 - Chaumasi Chaudas

Date : 06 - Kartik Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 04 - Aranath Kevalgnan Kalyanak

Date : 11 - Suvidhinath Janma Kalyanak

Date : 12 - Suvidhinath Diksha Kalyanak

Date : 16 - Mahavirswami Diksha Kalyanak

Date : 18 - Padmaprabhu Nirvan Kalyanak

OTHER

Date : 01 - World Vegan Day

(Nov is Vegan Awareness month)

Date : 14 - World Diabetes Day



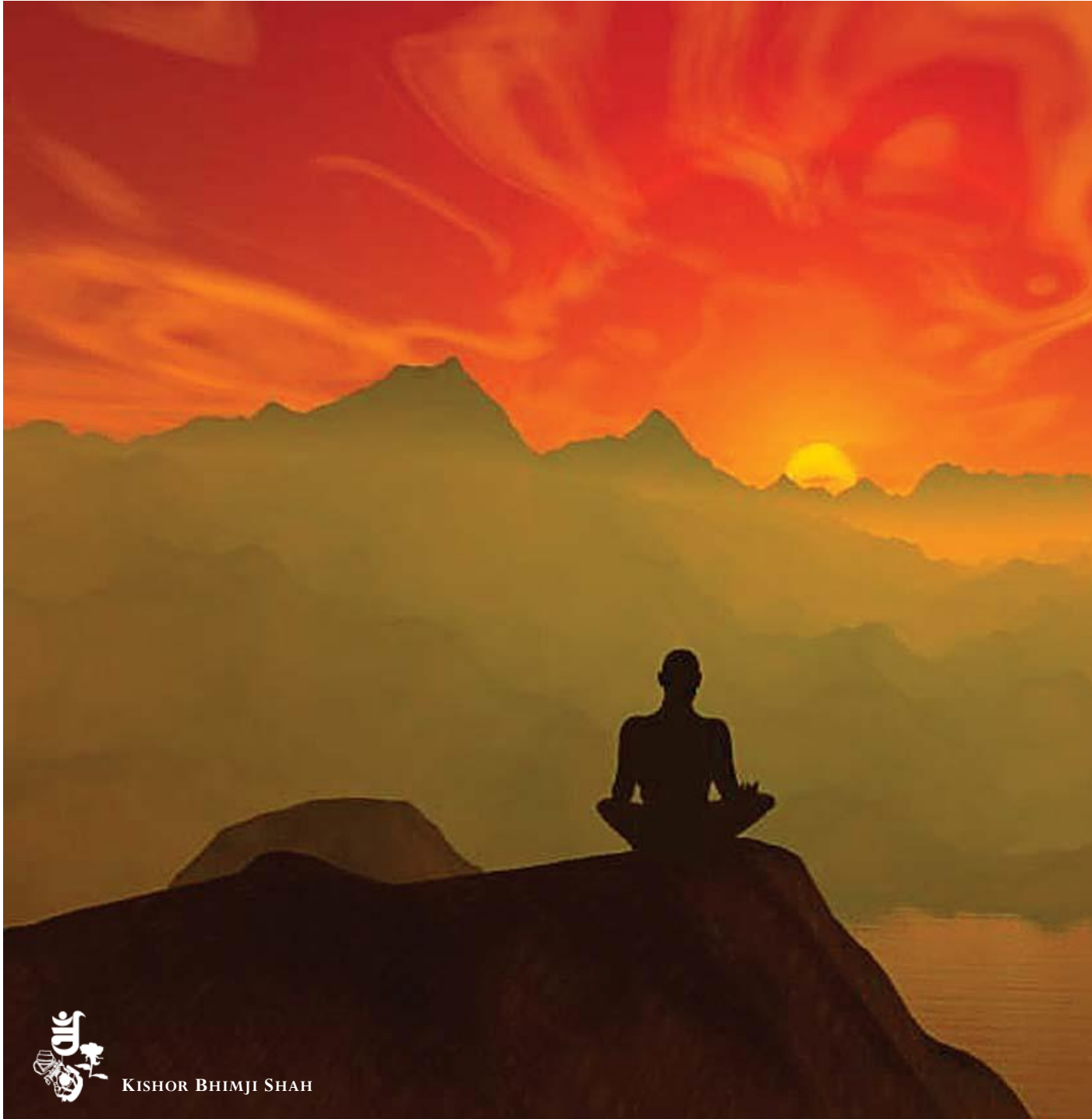
Anger destroys love, ego destroys modesty,
deceit destroys friendship and greed destroys everything.

. DASAVAICALIKA SUTRA

When a splinter pricks the body,
It can easily be removed and the pain soon goes,
but the pain of hurtful words cannot easily be removed,
and creates enmity and fear.

. DASAVAICALIKA SUTRA





Jain Meditation

Make time for meditation every day. Puja Shree Chitrabhanuji has suggested each day allow yourself 24 minutes of peace, one minute for each hour of the day.

Meditation is the gathering of self knowledge and the dispelling of ignorance; the pathway back to inner peace; the restoration of love for self; the act of creating quality thoughts and feelings; reaching to the highest level of conscious awareness; the best way for busy people to stay cool, calm and focused





VIR SAMVAT 2541 **JAIN CALENDAR** VIKRAM SAMVAT 2071



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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MAGSAR - DECEMBER 2014 - POSH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Sud Dasam	2 Sud Agiyaras	3 Sud Baras	4 Sud Teras	5 Sud Chaudas	6 Sud Poonam	7 Vad Ekam
8 Vad Bij	9 Vad Trij	10 Vad Choth	11 Vad Pancham	12 Vad Chhath	13 Vad Satam	14 Vad Satam
15 Vad Aatham	16 Vad Nom	17 Vad Dasam	18 Vad Agiyaras	19 Vad Baras	20 Vad Chaudas	21 Vad Amas
22 Sud Ekam	23 Sud Bij	24 Sud Trij	25 Sud Choth	26 Sud Pancham	27 Sud Chhath	28 Sud Satam
29 Sud Aatham	30 Sud Nom	31 Sud Dasam	MAGSAR: 1 TO 21 DECEMBER POSH: 22 TO 31 DECEMBER			

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 8 | 11 | 15 | 18 | 20 | 23 | 26 | 29

AVOID ROOT VEGETABLES

Date : 1 | 6 | 17 | 19 | 27 | 30

JAIN FESTIVAL

Date: 02 - Maun Agiyaras

Date : 06 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 01 - Aranath Janma & Nirvan Kalyanak

Date : 02 - Aranath Diksha Kalyanak

Date : 02 - Mallinath Janma, Diksha & Kevalgnan Kalyanak

Date : 02 - Naminath Kevalgnan Kalyanak

Date : 05 - Sambhavanath Janma Kalyanak

Date : 06 - Sambhavanath Diksha Kalyanak

Date : 17 - Parshvanath Janma Kalyanak (*Dasam*)

Date : 18 - Parshvanath Diksha kalyanak

Date : 19 - Chandraprabhuswami Janma Kalyanak

Date : 19 - Chandraprabhuswami Diksha Kalyanak

(*Vad Teras*)

Date : 20 - Shitalnath Kevalgyan Kalyanak

Date : 27 - Vimalnath Kevalgyan Kalyanak

Date : 30 Shantilal Kevalgyan Kalyanak

OTHER

Date : 05 - Volunteer Day



A steady state of mind constitutes meditation, while an active mind might be engaged in either contemplation or deep reflection or apprehension

Just as fire fanned by powerful winds destroys heaps of firewood in no time so also the fire of meditation destroys heaps of Karmas in a moment

Meditation is perfected when the thought process becomes pure and sublime

...Dhyana Sataka



DAILY REFLECTIONS

Resolve to reflect and incorporate in your own life the teachings of Lord Mahavir to further your own spiritual journey in this lifetime.

Below is a suggestion for occupying daily a few minutes only by considering the example of Lord Mahavir.

Sit or stand comfortably, facing picture or image of Lord Mahavir if you wish. Quietly let your mind empty of your outside cares, your worries. Close your eyes or fix them on the image, so that your surroundings are no longer present to your consciousness.

Now slowly take in succession the events of Lord Mahavir's life.

His birth: What did it mean that he came to earth? A few brief moments' thought about this, about the need for teachers, prophets, to show the way to human beings.

His renunciation: Are we too much bound up with this world. This life? Perhaps we cannot renounce everything like Lord Mahavir, but

should we perhaps break off a little from the tyranny of seeking possessions, perhaps simplify our life a little?

His 12.5 years in meditation & silence to conquer his inner enemies (kasayas): Each day of the week, focus for a few minutes on a different kasayas e.g Monday - Anger (Krodha) ; Tuesday - Ego (Mana) ; Wednesday - Deceit (maya) ; Thursday - Greed (lobha) ; Friday - Attachment (rag) ; Saturday - Aversion (Dvesh) and Sunday - practice the art of silence.

His omniscience: can we imagine what total unimpeded knowledge can mean? Can we see that our understanding is obstructed by the influences of our past actions and feelings?

His liberation: It is a very long way away for us. Quietly for a few moments lay aside cares and desires, rest peacefully in contemplation of an almost unbelievable peace and calm.

For a short while keep your mind detached and calm. Gently return to daily existence.

KISHOR BHIMJI SHAH



"Life is measured in moments, not in years. One hundred year is a point in eternity. We are worried about how to live, but it will be over before we know. This human birth is the best opportunity. Really we are blessed."



"As an old, yellow leaf falls on the ground after a few days in autumn, so ends the life of a man whose days are over. O Gautam! Do not be careless (inadvertently) even for a single moment."

"As a drop of a dew sits on the top of a blade of grass and does not last long; similarly a man's life does not last long."

UTTARADHYAYAN SUTRA 10 1

PACCHAKHAAN ...

Pacchakhaan – this is when a layperson takes a limited time bound vows renouncing certain activities for a fixed period of time. By taking these vows, one is rewarded by a well organised, self-disciplined, stress free lifestyle full of peace and tranquillity and aids in increasing one's self-control and mental stamina.

PLEASE NOTE:

When taking any pacchakhaan, say the word *pacchakhaami* and *vosiraami*. When giving the pacchakhaan to someone else say the word *pacchakhai* and *vosirai*. The acceptor of the pacchakhaan will then say the word *pacchakhaami* and *vosiraami* respectively.

When you finish the vow, sit at one place, fold your hand i.e *Muththi vaalavi* or handfull , recite Navakar Mantra three times. This concludes your vow.



DHARANA MUTTHI SAHIAM ABHIGRAH

(This is a general pacchakhan to renounce certain activity (tyag) for a fixed period of time - e.g I will not eat food for the next two hours or I will remain silent for the next hour)

DHARANA MUTTHI SAHIAM, ABHIGGAHAM, PACCHAKHAAI (*PACCHAKHAMI), ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI)

NAVKAARSI

UGGAYE SUREY, NAMUKKAAR SAHIAM, MUTTHI SAHIAM, PACCHAKHAAI (*PACCHAKHAMI), CHAUVI HAMPI, AAHAARAM, ASANAM, PAANAM, KHAAMAM, SAAIMAM, ANANTHAANA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI).

AYAMBIL - NIVI - EKAASANU - BIYAASANU

UGGAYE SUREY, NAMUKKAAR SAHIAM, PORISIM, SAATH PORISIM, MUTTHISAHIM, PACCHAKHAAI (*PACCHAKHAMI), UGGAYE, SUREY, CHAUVI HAMPI, AAHAARAM, ASANAM, PAANAM, KHAAMAM, SAAIMAM, ANANTHANAA BHOGENAM, SAHASAA GAARENAM, PACHHANA KAALENAM, DISHAA MOHENAM, SAAHU VAYENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, AAYAMBILM, NIVVIGAIM, VIGAI PACCHAKHAAI (*PACCHAKHAMI), ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, LEVAA LEVENAM, GIHATTH SANSA THENAM, UKHIT VIVEGENAM, PADUCHH MAKHHIANAM, PAARITHA VANIYAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, BIYAASANAM, EKAASANAM, PACCHAKHAAI (*PACCHAKHAMI), TIVIHAMPI, AAHAARAM, ASANAM, KHAAMAM, SAAIMAM, ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, SAAGARIYA GAARENAM, OUTANA PASAARENAM, GURU ABBHU THAANENAM, PAARITHAA VANIAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, PAANNASSA LEVENAVAA, ALEVENAVAA, ACHHENAVAA, BAHU LEVENAVAA, SASITTHE NAVAA, ASITTHE NAVAA, VOSIRAI (* VOSIRAMI)



EVENING PACCHAKHAAN

Chauvihar:

DIVASA CHARIAMAM, PACCHAKHAAI, CHAUVI HAMPI AAHAARAM, ASANAM, KHAAMAM, SAAIMAM, ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI)

Tivihar:

DIVASA CHARIAMAM, PACCHAKHAAI, TIVI HAMPI AAHAARAM, ASANAM, KHAAMAM, SAAIMAM, ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI)

For correct pronunciations - refer to a person who can recite above in Gujarati

JAIN PRAYERS

Savare Uthata

Shantinath dada shanti aapo; Mahavir dada moksha aapo
Chakeshwari maa raksha karo; Saraswati maa buddhi aapo

Bolo bolo Aadinath dada ki jay;
Bolo bolo Shantinath dada ki jay
Bolo bolo Parshvanath dada ki jay;
Bolo bolo Mahavirswami dada ki jay
Bolo bolo Simandharswami dada ki jay
Bolo bolo GautuamSwami dada ki jay
Bolo bolo Sacha dev ki jay



Raatre Soota Bolvanu

Shiyal maare Santhare Gyan mare osike
Samkit Maare hradaye vase ; Bhar nindrama kaal karun to
Paanche Indriye vosire vosire ; Sonanu kodiya, Rupani vaat

Aadeshwar dada nu naam leta, sukhe jaye raat
Aadeshwarno Kookado ; Jeev na aave dhukdo

Jivu to samru ; maru to vosire vosire
Navkar tu maaro bhai ; Tare mare sachi sagai
Ant kale yaad aavajoji ; maari bhavna shuddh rakhjoji

Aahar Sharir ne upadhi ; Pachakhu Paap adhar
Maran aave to vosire ; Jeevu to aagar



Prabhu darisana sukha sampada, prabhu darisana nava-nidha
prabhu darisanathi pamie, sakala padaratha siddha!
bhav jinavara pujie, bhav dije dana!
bhav bhavana bhav, bhav kevala-jnana!

Aavyo Sharne Tamara Jinvar! Karjo, Aash Puri Amari
naavyo bhav paar maharo tum vin jagma, saar le kaun mari.
gaayo Jinraj! Aaji harak adhik thi, param anand kaari.
Payo tum darshanase bhav bhaybharmna, nath! Sarve amari

Bhavo bhay tum charano ni Seva,
hu to magu chhu Deva dhi deva

Samu Juvo ne Sevak Jani, Aave Uday ratna ni vani

Jine bhakti Jine bhakti, Jine bhakti Deene deene:
Sada me Stu, Sada me Stu Sada Me Stu Bhav Bhav.

Upasargah Ksayam yanti, Chhidyante, Vighnavllayah
Manah Prasannatameti, Pujiymane Jineshvare

Sarva mangal mangalyam, Sarva Kalyan Karanam;
Pradhanam Sarva Dharmanam, jainam Jayati Shashanam



Tubhyam Namastri Bhuvanartiharaya natha
Tubhyam Namah Ksiti Talamala Bhusanaya!
Tubhyam Namastri Jagatah Parameshvaraya
Tubhyam Namu Jina Bhavo Dadhi Shoshanaya!!



Hu Ek Sudhdha Sada Arupi Gnana Darshan Maya Khare;
Kayi any ate maru jari Paramanu Matra Nathi Aare.

Virah Sarva Surasurendra mahito, Viram Budhah Samshritah;
Vire Nabhihatah Svakarma Nischayo Viraya Nityam Namah!
Virat Tirtha Midam Pravrtta Matulam, Virasya Ghoram Tapo;
Vire Shri Dhrti Kirti Kanti Nischayah, Shri Vira! Bhadram Disha!!



JAIN PRAYERS

Chattari Mangalam, Arihanta Mangalam,
Siddha Mangalam, Sahu Mangalam,
Kevali Pannatto Dhammo Mangalam.

Chattari Loguttama, Arihanta Loguttama,
Siddha Loguttama, Sahu Loguttama,
Kevali Pannatto Dhammo Loguttamo.

Chattari Saranam Pavajjami, Arihante Saranam Pavajjami,
Siddhe Saranam Pavajjami, Sahu Saranam Pavajjami,
Kevali Pannattam Dhammam Saranam Pavajjami.

Darshanam dev-devasya, darshanam paap-naashnam,
Darshanam svarg-sopaanam, darshanam moksha-saadhanam.

Omkaram bindu-sanyuktam, nitya dhyayanti yoginah,
Kaamdaam mokshadam chaiv, ommkaaraay namo namaha.

Mangalam Bhagvan veero, manglam Gautam prabhu,
Manglam Stulibhadraadhyaa, Jain dharmostu mangalam.



Om Mangalam Omkaar Mangalam
Mantra Mangalam, Navkar Mangalam
Om Mangalam Omkaar Mangalam
Tirth Mangalam Shatrunjay Mangalam
Om Mangalam Omkaar Mangalam

Dharma Mangalam Jain Dharma Mangalam

Om Mangalam Omkaar Mangalam

Guru Mangalam Gautam Mangalam

Rishabhadev Mangalam, Ajitnath Mangalam,
Sambhavnath Mangalam, Abhinandan Mangalam,
Sumatinath Mangalam, Padmaprabh Mangalam,
Suparshvanath Mangalam, Chandraprabh Mangalam,
Om Mangalam Omkaar Mangalam

Suvidhinath Mangalam, Shitalnath Mangalam,
Shreyanshnath Mangalam, Vasupujya Mangalam,
Vimalnath Mangalam, Anantnath Mangalam,
Dharmanath Mangalam, Shantinath Mangalam,
Om Mangalam Omkaar Mangalam

Kunthunath Mangalam, Aranath Mangalam,
Mallinath Mangalam, Munisuvrat Mangalam,
Naminath Mangalam, Neminath Mangalam,
Parvshvanath Mangalam, Mahavir Swami Mangalam
Om Mangalam Omkaar Mangalam



Jay Karnara Jinvara, Dukh Harnara Dev
Path Padhun Pahelo Prabhu, Ap Tano Nitya Mev
Pratham Namun Arihantne, Bija Siddha Bhagvan
Trija Shri Acharyane, Upadhaya Gunvant
Sadhu Sarve Lokman, Sadhavo Shangar
Dhanya Guru Mabapne, Vandun Varam Var



JamJam Manenabhaddham. Jamjam Vayena Vasium Pavam
JamJam Kayena Kayam. Tassa Micchami Dukkadam



KARTAVYAS FOR SHRAVAKS THROUGHOUT THE YEAR

SANGH PUJAA	Venerate the four-fold order by respectfully providing for the needs of ascetics & offer gifts to laypeople of the sangh
SADHARMIK BHAKTI	Reverence and welfare of fellow Jains
YATRA TRIK	Pilgrimage to three Jain temples, participating in pujas
SNATRA PUJA	At least once a year to participate in Snatra Puja
DEV DRAVYA	Raising or donating funds for the maintenance, renovation, construction of temple & religious activity
MAHAPUJA	Elaborate pujans which involve the decorations of Jin Pratimas, Derasars. These pujas are intended to encourage devotees to come to the Derasar for worship
RATRI JAGRAN	Singing of hymns and performing religious observances throughout the night on auspicious days.
SHRUT (GYAN) PUJA	Veneration of scriptures - devotional puja of scriptures
UDYAAPAN	Concluding ritual - involves the display of objects of worship, making gifts to participants in the final day ceremonies of auspicious religious observances.
SHASHAN PRABHAVNA	Promote Jainism and Jain Way of Life on auspicious days and occasions
ALOCHNA PURVA	Atonement (suddhi) - one confesses faults in the presence of an ascetic at once a year and performs penance

KARTAVYAS FOR SHRAVAKS DURING PARYUSHAN

SADHARMIK VATSALYA <i>(Welfare of fellow Jains)</i>	To feel heart felt affection for not only fellow Jains, but also other people and all living creatures. One should also extend help and care to those who are on the same path, and do our utmost to remove the causes of unhappiness for fellow Jains.
AMARI PRAVARTAN <i>(Ahimsa - Non Violence)</i>	To be non-violent in thought, words and deeds and to bestow fearlessness in every life form.
ATTHAMA TAPA <i>(Fasting for three days)</i>	The austerity of fasting for three days continuously to purify one's body. It is said that the three days represent the three jewels of Jainism – Right Faith, Right Knowledge and Right Conduct. If one can not fast for three consecutive days, one should fast on three separate days, and if this is not possible, then try and do six Ayambils (one meal only of tasteless food, during the whole day) or 12 Ekaashan (eating once a day), or 24 Besan (eating twice a day) or 60 rosary mala of Navkar Mantra.
CHAITYA PARIPATI <i>(Temple Yatra)</i>	Pilgrimage to holy places, showing respect and devotion to the Lord through worship, prayers and meditation.
KSHAMAPANA <i>(Forgiveness)</i>	To ask for forgiveness from all beings who in the past or present life may have suffered because of us. To forgive those who have hurt us and forgive their shortcomings and weaknesses.

At each 'Kalyanak' attempt to do as many 'Malas' as possible to a maximum of 20

FOR CHAVAN KALYANAK

OM HRIM SHREE "TIRTHANAKARA NAME" PARMESHTHINE NAMAH
e.g. OM HRIM SHREE PARSVANATH PARMESHTHINE NAMAH

FOR JANAM KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" ARHATE NAMAH

FOR DIKSHA KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" NATHAY NAMAH

FOR KEVAL GYAANA KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" SARVAGNAY NAMAH

FOR MOKSHA (NIRVAN) KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" PARANGATAY NAMAH

KONI PAASETHI SHU MELAVSHU

SHRI VIR PRABHU NI	KSHAMA
SHRI GAUTAMSWAMI NO	VINAY
SHRI SHALIBHADRA NO	TYAG
SHRI DHANNA ANAGAAR NO	TAP
SHRI SULASA SHRAVIKA NI	SHRADDHA
SHRI ABHAYKUMAR NI	BUDDHI
SHRI KUMARPAL NI	GURU BHAKTI
SHRI PUNIYA SHRAVAK NO	SANTOSH
SHRI SHRENIK MAHARAJ NU	SAMYAKTVA

KOI PAN NIYAM LEVATHI THATO LABH

Makkamta vadhe, Tyag ni talim
male, sthirta aave, karma na
darwaja bandh thay, Parampara
ae sacha such ni prapti thay

Jeevan saphal

banavva ni jadi butti

PRAMAD TYAG, PRATIGYA SWIKAAR

KARTAVYAS (ESSENTIAL DUTIES) FOR JAIN SHRAVAKS

Throughout the Year

	DATE
SANGH PUJAA	
SADHARMIK BHAKTI	
YATRA TRIK	
SNATRA PUJA	
DEV DRAVYA	
MAHAPUJA	
RATRI JAGRAN	
SHRUT (GYAN) PUJA	
UDYAAPAN	
SHASHAN PRABHAVNA	
ALOCHNA PURVA	
<i>During Paryushan</i>	
SADHARMIK VATSALYA	
AMARI PRAVARTAN	
ATTHAMA TAPA	
CHAITYA PARIPATI	
KSHAMAPANA	

Record above when you or your family have fulfilled a Kartavya

The Annual Kartavyas are as prescribed in *Sravaka Prajnaapti*.
If it is not possible to perform above duties alone, one should
perform them collectively with others.

Jain Acharyas say that you have to practice the religion:-

yatha-shakti (as per your capacity)

and according to the **desh-kala (place and time)**



Jain Calendar 2014

CONCEPT & CREATED BY
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(*"Michchami Dukkadam" for any unforeseen errors*)

ASSISTED BY

Hansha B Shah | Damyanti B Shah | Kastur B Shah

INSPIRED BY & DEDICATED TO

My late Parents & Brother

Bhimji Kumbha Shah | Monghi Bhimji Shah

Naresh Bhimji Shah

This Calendar is
NOT FOR SALE In ANY FORMAT



WALK THE TALK - LIVE THE JAIN WAY OF LIFE