Summer Study in India

Understanding Jainism Program for International Students/Scholars (July23<sup>rd</sup> to August 12<sup>th</sup>, 2012).

I am pleased to inform you that the program of Understanding Jainism is scheduled from July

23<sup>rd</sup> to August 12<sup>th</sup>, 2012. This is a three week program of understanding Jainism, an intensive

program emphasizing on Jain Philosophy, Ethics, Non-violence, and Meditation etc. for the

understanding of Jainism, creative nonviolence, and reverence for amity and to train for

emotionally balanced life-style.

The program will be organized at university campus, Ladnun in the summer weather. The

course fee is \$ 500/U 400, which includes boarding and lodging. There will be extra-

curricular activities also like meditation sessions, cultural interaction, wild life sanctuary visit

etc. Ladnun is well connected by road from Delhi and Jaipur. Interested person can contact for

any quarry to the undersigned.

Thanking you.

(Dr Anil Dhar)

Dy. Director

M.S. Anekant Shodhpeeth

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1

# JAIN VISHVA BHARATI UNIVERSITY, LADNUN (RAJASTHAN), INDIA

# SUMMER VACATION PROGRAM OF UNDERSTANDING JAINISM July 23<sup>rd</sup> to August 12<sup>th</sup>, 2012

The understanding Jainism Program of Jain Vishva Bharati University is an intensive course emphasizing on Jain Philosophy, Ethics, Non-violence, Meditation Yoga etc. The program is interdisciplinary in the nature, aiming at facilitating the condensed and in-depth knowledge in twenty one days schedule time encompassing the total hours needed for any three month certificate course. This course is formulated as per credit system and is equivalent to three credit course, undertaking study hours equal to or more than 35 hours.

#### **OBJECTIVES**

- i. To understand the concept and ideas of **Jainism**.
- ii. To develop understanding and attitude of **nonviolence**.
- iii. To familiarize the participants with the philosophy of creative nonviolence in India.
- iv. To impart **training of Preksha Meditation** for emotionally balanced Life-style.
- v. To establish the importance and relevance of amity for the survival of living being.

#### **COURSE DETAIL**

Course code : CERTUJ 812

**Subject code**: (a) Jainism-CUJ 101

- (b) Meditation-CUJ 102
- (c) Nonviolence-CUJ 103
- ♣ Other than the above courses structure, opportunities to learn Sanskrit, Hindi and / Prakrit languages are also available. Please notify the University or the coordinator for your interests in this area.

#### **COURSE CONTENTS**

(a) Jainism CUJ 101

Introduction to Jainism, Life of Mahavir, Jain Literature, Jain Life Style, Life of House Holder, Jain Asceticism, Path of liberation, Nine Tatvas, Six Substances and Jain Cosmology, Jain Art and Architecture, Karma Theory, Theory of Knowledge, Jain symbols and Ceremonies, Art of Dying: Santhara, Concept of Nayavada.

#### (b) Science of Living, Preksha Meditation and Yoga CUJ 102

SOL- an Innovative system of Education, Jain Meditation-Then and Now, Nurturing Factors of Meditation, Stress Management and Preksha Meditation, Anupreksha-Auto Suggestion and Contemplation, Leshya Dhyana-Color Meditation, Charkra Meditation, Healing through Sound Energy, Scientific Research in PM, SOL-De-addiction and rehabilitation, Asanaand Pranayama, Video-Spiritual Reality, Indian Traditions of Meditations, Value Education and SOL, Anuvrat-A movement of Social Reformation.

#### (c) Non violence and Peace CUJ 103

Philosophy of Non-violence and Peace, Traditions of NV and Peace in India, Gandhi and Acharya Mahapragya-The Crusader of NV, Ahimsa Yatra, Economics of NV, Nonviolent Communication, Victory over the Common Danger, Non-violence in Burning Issues of Society, Role of Women in Indian Culture, Ecological Dharma, Protect Heritage of life, Anekant-A Jain Concept of Reconciliation, Training In NV, Vegetarianism.

#### METHODOLOGY

Lectures, Presentation, Discussion, Field Survey.

#### SCHEME OF EXAM

The program has three credits in 3 week duration. The evaluation will be based on the grades as per under:

Grading scale:

- 95-100 A
- 92-94 A-
- 89-91 B+
- 86-88 B
- 83-85 B-
- 80-82 C+
- 77-79 C
- 74-76 C-
- 71-73 D+
- 68-70 D

## **SYSTEM OF EVALUATION**

- 1. Term and exam
- 2. Continuous evaluation
- 3. Project Presentation (The Supervision will be provided, if needed)
- (a) The exams shall be conducted independently in each of the subject in the last 2-3 days. Each paper will be of hundred points. Examination evaluation system will be the internal evaluation system, where the exams will be taken by the concerned Professor.
- (b) Each student have to opt any one selected project (list provided in Program Schedule)

  The marks will be awarded in grades. On the completion of program certificates will be issued mentioning therein the grades.

#### OTHER HIGHLIGHTS OF THE PROGRAM

- (i) Visit to the places of historical and archeological importance in Ladnun.
- (ii) Interaction with spiritual personalities.
- (iii) Meditation / Yoga session (6 to 7.15 A.M.), Needam.
- (iv) Wild sanctuary visit.
- (v) Cultural interaction.
- (vi) Additional meditation and Yoga session will be also arranged for the willing candidate.
- (vii) Study Note will be provided to the participant students.

## **Campus**

- ✓ Jain Vishwa Bharati University is a campus smoke free, tobacco free and alcohol free.
- ✓ Jain Vishwa Bharati University cannot be held liable for loss of property, damage to property, or personal injury during students' stay at the university during the course.
- ✓ To look at the directions for our campus please visit our website.

## Facilities available

(i) Internet access (B.Ed. College and Computer Lab.)

(ii) ISD (on payment)

## COURSE FEE US \$ 500/ Euro 400

This includes tuitions, accommodation and food. JVBU objective being promoting nonviolence, the food served is vegetarian.

# **COORDINATOR**

- 1. The Coordinator in USA is Samani Unnata Pragya.
  - a. Contact: email ID- <a href="mailto:samaniji@preksha.com">samaniji@preksha.com</a>
- 2. Coordinator in India is Dr. Anil Dhar
  - a. anljvbi@gmail.com
  - b. http://www.jvbi.ac.in/

#### Note:

3. Please fill in the application and print it. Having signed it and your passport size pic attached to it; please submit to the resource person in your country or directly to us through emailing the scanned copy.

## **Scroll Down for application**

# **JAIN VISHVA BHARATI UNIVERSITY**

Ladnun-341 306 (Rajasthan), India

# **Understanding Jainism**

(July 23<sup>rd</sup> to August 12, 2012)

# APPLICATION FORM

Name		
Date of Birth		
Address		
City	Country	Zip
E-mail ID	Phone no	
Passport No		
University name		
Educational Qualifications:		
(i)		
(ii)		
(iii)		
(iv)		
Fee detail:		
	Declaration	
Ι	will al	pide by the rules and regulations
mentioned in the brochure.		
Place:		
Date:		
		Signature of Candidate
Program Coordinator		Dy. Director
Enrol. No		Roll No

A/c Section Exam Section