

Jain Calendar 2013

Vir Samvat 2539 | Vikram Samvat 2069



CONCEPT & CREATED BY KISHOR BHIMJI SHAH

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YEAR 2013

EVERY DAY, THIS YEAR LET US . . .

*Promise ourselves to be so strong that nothing can disturb our peace of mind,
To wish good health, happiness, and prosperity to every person we meet,
To make all our friends feel that there is something in them,
To look at the sunny side of everything and make our optimism come true,
To think only of the best, to work only for the best, and respect only the best,
To be just as enthusiastic about the success of others as we are about ours,
To forget the mistakes of the past and press on to the greater achievement of the future,
To wear a cheerful countenance at all times and give every living creature we meet - a smile,
To give so much time to the improvement of the self that we have no time to criticise others,
To be too large for worry, too noble for anger, too strong for fear,
and too happy to permit the presence of trouble*

And Above All

*What we desire for ourselves, to desire for others too,
What we do not desire for ourselves, to not to desire for others too
..... This is the essence of Jain Dharma*



Namaskära Mahämantra

...Navkar Mantra...

namo arihantänam.

namo siddhänam.

namo äyariyänam.

namo uvajjhäyänam.

namo loe savva-sähunam.

eso panca-namukkäro,

savva-päva-ppanäsano;

mangalänam ca savvesim,

padhamam havai mangalam.



JAIN SYMBOL

The Jain Symbol, which is a congregation of various symbols, each having a deeper meaning was adopted by all sects of Jains in 1973, 2500 years after the nirvana of Lord Mahavir.

The symbol represents the principles of Jainism

The outline of the figure is that of the Jain description of the shape of the universe (Lok). The lower part of the symbol represents the seven hells (Naraki); the middle part of the universe contains the Earth and the planets (Manushyalok); the upper part contains the heavenly abodes (Devlok) of all celestial beings and abode of the Siddhas (Siddhashila).



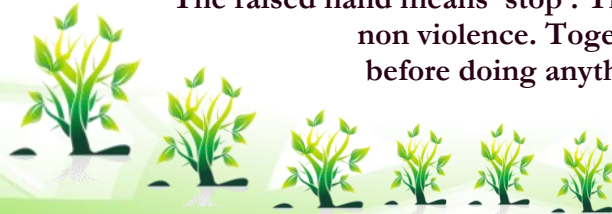
The 'Swastika' symbolises the four states of existence (Gatis) we may be borne into during the cycles of birth and death; heavenly beings (Dev); human being (Manushya); lower beings - animals/plants (Tiryanch) and hellish beings (Narak).

The 'Three Dots' above the swastika represent the three jewels (trinity of ratna-traya) of Jainism: Right belief (Samyak Darsana); Right Knowledge (Samyak Jnana); Right conduct (Samyak Charitra).

At the very top part of the symbol is a small arc, which represents the abode of the Siddhas and is known as the Siddhashila. The dot represents a siddha.

The raised hand means 'stop'. The word in the centre of the wheel is 'Ahimsa' which means non violence. Together, these remind us to stop for a moment and think twice before doing anything. In this way, we have an opportunity to ensure that our activities/words/thoughts/actions will not hurt anyone.

PARASPAROPAGRAHO JIVANAM
"All Life is Bound Together
By Mutual Support & Interdependence"





VIR SAMVAT 2539

JAIN CALENDAR

VIKRAM SAMVAT 2069



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

MAGSAR - JANUARY 2013 - POSH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Vad Choth	2 Vad Pancham	3 Vad Chhath	4 Vad Satam	5 Vad Aatham	6 Vad Nom
7 Vad Dasam	8 Vad Agiyaras	9 Vad Baras	10 Vad Teras/ Chaudas	11 Vad Amas	12 Sud Ekam	13 Sud Bij
14 Sud Trij	15 Sud Choth	16 Sud Pancham	17 Sud Chhath	18 Sud Satam	19 Sud Aatham	20 Sud Nom
21 Sud Dasam	22 Sud Agiyaras	23 Sud Baras	24 Sud Teras	25 Sud Teras	26 Sud Chaudas	27 Sud Poonam
28 Vad Ekam	29 Vad Bij	30 Vad Trij	31 Vad Choth		MAGSAR: 1 TO 11 JANUARY POSH: 12 TO 31 JANUARY	

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 8 | 10 | 13 | 16 | 19 | 22 | 26 | 29

AVOID ROOT VEGETABLES

Date : 7 | 9 | 17 | 20 | 27

JAIN FESTIVAL

Date : 27 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 07 - Parshvanath Janma Kalyanak

Date : 08 - Parshvanath Diksha kalyanak

Date : 09 - Chandraprabhuswami Janma Kalyanak

Date : 10 - Chandraprabhuswami Diksha Kalyanak
(*Teras*)Date : 10 - Shitalnath Kevalgyan Kalyanak (*Chaudas*)

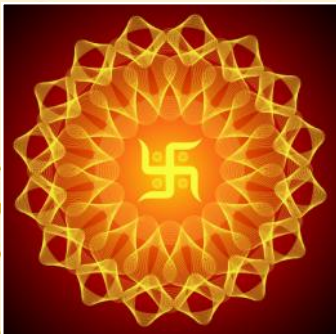
Date : 17 - Vimalnath Kevalgyan Kalyanak

Date : 20 - Shantinath Kevalgnan Kalyanak

Date : 22 - Ajitnath Kevalgnan Kalyanak

Date : 26 - Abhinandanaswami Kevalgnan Kalyanak

Date : 27 - Dharmnath Kevalgnan Kalyanak



Jain Prayer

Jay Karnara Jinvara, Dukh Harnara Dev
Path Padhun Pahelo Prabhu, Ap Tano Nitya Mev
Pratham Namun Arihantne, Bija Siddha Bhagvan
Trija Shri Acharyane, Upadhaya Gunvant
Sadhu Sarve Lokman, Sadhavo Shangar
Dhanya Guru Mabapne, Vandun Varam Var



Triple "A" of Jainism



AHIMSA (NON-VIOLENCE)

**Respect,
Reverence,
Compassion,
forgiveness
In thoughts, words,
& deeds towards
all living beings.
For this reason
Jains are vegetarians**



ANEKANTWADA (MULTI FACETED REALITY)

**Respect for and seeking
multiple view points.
Truth has many facets.
Jains encourage
dialogue and harmony
with other communities
and faiths**



APARIGRAHA (NON-POSSESSIVENESS)

**Balancing our
needs,
desires,
possessions,
while staying detached
from these possession**

FEBRUARY 2013



VIR SAMVAT 2539 **JAIN CALENDAR** VIKRAM SAMVAT 2069



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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POSH - FEBRUARY 2013 - MAHA

Mon	Tue	Wed	Thu	Fri	Sat	Sun
POSH: 1 TO 10 FEBRUARY MAHA: 11 TO 28 FEBRUARY				1 Vad Pancham	2 Vad Chhath	3 Vad Aatham
4 Vad Nom	5 Vad Dasam	6 Vad Agiyaras	7 Vad Baras	8 Vad Teras	9 Vad Chaudas	10 Vad Amas
11 Sud Ekam	12 Sud Bij	13 Sud Trij	14 Sud Choth	15 Sud Pancham	16 Sud Chhath	17 Sud Satam
18 Sud Aatham	19 Sud Nom	20 Sud Dasam	21 Sud Agiyaras	22 Sud Baras	23 Sud Teras	24 Sud Chaudas
25 Sud Poonam	26 Vad Ekam	27 Vad Bij	28 Vad Trij			

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 3 | 6 | 8 | 9 | 12 | 15 | 18 | 21 | 24 | 27

AVOID ROOT VEGETABLES

Date: 2 | 7 | 8 | 10 | 13 | 14 | 19 | 22 | 23 | 25

JAIN FESTIVAL

Date: 08 - Meru Teras

Date: 25 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 02 - Padmaprabhuswami Chavan Kalyanank

Date : 07 - Shitalnath Janma & Diksha Kalyanank

Date : 08 - Adinath Nirvan Kalyanank

Date : 10 - Shreyansanth Kevalgnan Kalyanank

Date : 12 - Abhinandanaswami Janma Kalyanank

Date : 12 - Vasupujya Kevalgnan Kalyanank

Date : 13 - Dharmanath Janma Kalyanank

Date : 13 - Vimalnath Janma Kalyanank

Date : 14 - Vimalnath Diksha Kalyanank

Date : 18 - Ajitnath Janma Kalyanank

Date : 19 - Ajitnath Diksha Kalyanank

Date : 22 - Abhinandanaswami Diksha Kalyanank

Date : 23 - Dharmanath Diksha Kalyanank



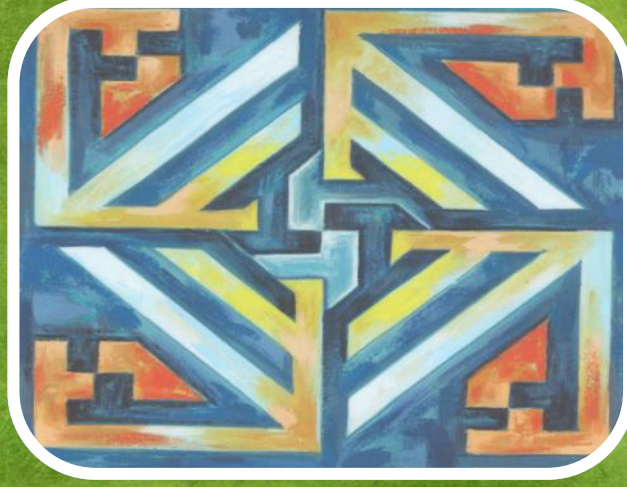
Jain Prayer

Darshanam dev-devasya, darshanam paap-naashnam,
Darshanam svarg-sopaanam, darshanam moksha-saadhanam.

Om karam bindu-sanyuktam, nitya dhyayanti yoginah,
Kaamdaam mokshadam chaiv, ommkaaraay namo namaha.

Mangalam Bhagyan veero, manglam Gautam prabhu,
Manglam Stulibhadraadhyaa, Jain dharmostu mangalam.

MARCH 2013





AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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MAHA - MARCH 2013 - FAGAN

Mon	Tue	Wed	Thu	Fri	Sat	Sun
MAHA: 1 TO 11 MARCH FAGAN: 12 TO 31 MARCH				1 Vad Choth	2 Vad Pancham	3 Vad Chhath
4 Vad Satam	5 Vad Aatham	6 Vad Nom	7 Vad Dasam	8 Vad Agiyaras /Baras	9 Vad Teras	10 Vad Chaudas
11 Vad Amas	12 Sud Ekam	13 Sud Bij	14 Sud Trij	15 Sud Choth	16 Sud Pancham	17 Sud Chhath
18 Sud Chhath	19 Sud Satam	20 Sud Aatham	21 Sud Nom	22 Sud Dasam	23 Sud Agiyaras	24 Sud Baras
25 Sud Teras	26 Sud Chaudas	27 Sud Poonam	28 Vad Ekam	29 Vad Bij	30 Vad Trij/ Choth	31 Vad Pancham

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 8 | 10 | 13 | 16 | 20 | 23 | 26 | 29 | 31

AVOID ROOT VEGETABLES

Date: 3 | 4 | 6 | 9 | 11 | 14 | 15 | 24 | 25 | 27 | 30

JAIN FESTIVAL

Date: 25 - Siddhachal Chhagau Yatra

Date : 26 - Chaumasi Chaudas

Date : 27 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 03 - Suparshvanath Kevalgnan Kalyanak

Date : 04 - Suparshvanath Nirvan Kalyanak

Date : 04 - Chandraprabha Kevalgnan Kalyanak

Date : 06 - Suvidhinath Chavan Kalyanak

Date : 08 - Adinath Kevalgnan Kalyanak

Date : 08 - Shreyansanath Janma Kalyanak (*Baras*)

Date : 08 - Munisuvrata Kevalgnan Kalyanak (*Baras*)

Date : 09 - Shreyansanath Diksha Kalyanak

Date : 10 - Vasupujya Janma Kalyanak

Date : 11 - Vasupujya Diksha Kalyanak

Date : 13 - Aranath Chavan Kalyanak

Date : 14 - 20 Viharmans Bhagwans Diksha Kalyanak

Date : 15 - Malinath Chavan Kalyanak

Date : 20 - Sambhavanath Chavan Kalayanak

Date : 24 - Mallinath Nirvan Kalyanak

Date : 24 - Munisuvrata Diksha Kalyanak

Date : 30 - Parshvanath Chavan & Kevalgnan Kalyanak (*Choth*)

Date : 31 - Chandraprabhu Chavan Kalyanak



Jain Prayer

Aavyo sharane tamaara, jinavar karjo, aash puri amari
Naavyo bhavo paar maaro, tum vina jagma sar le kon mari ?
Gaayo jinraaj! Aaje, harakha adhikthi, param aananda kari
Payo tum darshanashe, bhave, bhaya bhramana naath sarve amaari.



Dodi dodi aavyo prabhu tari pas
Anant bhavono hun chhun taro das
Ek aj mari puri karjo Aash, Dukhiyarana dukh karjo nash

APRIL 2013



THE SIDDHACHAKRA IS THE WHEEL OF PERFECTION

This mandala of the siddhachakra is the purest form of meditation.

There are nine points of energies,
which are harmonised in one mandala.

In the centre is the Arihant - the embodied liberated soul

On the top of the Arihant is Siddha - the perfect supreme soul

**On the right side of the Arihant is Acharya -
example of teaching and practice**

Below Arihant is Upadhyaya - a Jain religious teacher

On the left of the Arihant is the Sadhu - living simplicity

Between the Siddha and Acharya represents faith (Darshan)

**Between the Acharya and Upadhyaya
represents knowledge (Ghyan)**

**Between the Upadhyaya and Sadhu
represents conduct (Charita)**

**Between the Sadhu and siddha
represents penance & forbearance (Tapa)**



Kishor Bhimji Shah



VIR SAMVAT 2539

JAIN CALENDAR

VIKRAM SAMVAT 2069



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

FAGAN - APRIL 2013 - CHAITRA

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Vad Chhath	2 Vad Satam	3 Vad Aatham	4 Vad Nom	5 Vad Dasam	6 Vad Agiyaras	7 Vad Baras
8 Vad Teras	9 Vad Chaudas	10 Vad Amas	11 Sud Ekam	12 Sud Bij	13 Sud Trij	14 Sud Choth
15 Sud Pancham	16 Sud Chhath	17 Sud Satam	18 Sud satam	19 Sud Aatham	20 Sud Nom	21 Sud Dasam
22 Sud Agiyaras	23 Sud Baras / Teras	24 Sud Chaudas	25 Sud Poonam	26 Vad Ekam	27 Vad Bij	28 Vad Trij
29 Vad Choth	30 Vad Pancham				FAGAN: 1 TO 10 APRIL CHAITRA: 11 TO 30 APRIL	

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 6 | 9 | 12 | 15 | 17 | 18 | 19 | 20 | 21 | 22
23 | 24 | 25 | 27 | 30

AVOID ROOT VEGETABLES

Date: 13 | 26

JAIN FESTIVAL

Date : 03 - Varshitap Begins

Date : 17-25 - Ayambil Oli

Date 23: - Mahavir Jayanti

Date : 25 - Chaitra Poonam (*Bhav Siddhachal Yatra*)

Date : 25 - Ayambil Oli Finishes

Date : 26 - Ayambil Oli Parna

AUSPICIOUS DAY

Date : 03- Adinath Janma & Diksha Kalyanak

Date : 13 - Kunthunath Kevalgnan Kalyanak

Date : 15 - Ajitnath Nirvan Kalyanak

Date : 15 - Sambhavanath Nirvan Kalyanak

Date : 15 - Anantanath Nirvan Kalyanak

Date : 20 - Sumatinath Nirvan Kalyanak

Date : 22 - Sumatinath Kevalgnan

Date : 23 - Mahavirswami Janma Kalyanak (*Teras*)

Date : 23 - 20 Viharmans Bhagwans

Kevalgnan Kalyanak (*Teras*)

Date : 25 - Padmaprabhu Kevalgnan Kalyanak

Date : 26 - Kunthunath Nirvan Kalyanak

Date : 27 - Shitalnath Nirvan Kalyanak

Date : 30 - Kunthunath Diksha Kalyanak



Jain Prayer

Daya Sindhu, Daya Sindhu, Daya karje, daya karje,
Mane aa janjiromanthi, have jaldi Chhuto karje
Nathi aa taap sahevato, bhabhuki karmani jwala,
Varsavi Premani dhara, hradayni aag buzavje.

ॐ नमो भगवते वासुदेवाय

Je drusti prabhu darshan kare te drustine pan Dhanya Chhe.
Je jibha Jinavarane stave te Jibhane Pan Dhanya Chhe.
Piye mudha vani sudha te karna yugaine dhanaya Chhe.
Tuj Naam mantra vishad dhare te hradayene pan dhanya Chhe.

J I V A D A Y A

Jain Compassion in Action

Ahimsa (non-violence) is an aspect of daya (compassion, empathy and charity).
Jiva Daya means caring for and sharing with all living beings, tending, protecting
and serving them. It entrails universal friendliness (maitri),
universal forgiveness (kshama) and universal fearlessness (abhaya)



*Jiva Daya activity is usually
associated with Panjaropols
(animal sanctuaries)
but is much much more.*

*It includes compassion to all
living beings and the environment.
Vegetarianism, all forms of Seva ,
protection of the environment
are just some examples of
Jiva Daya activities*



.....
Justice in one's approach to life.

Integrity of thoughts, words and deeds.

Vision to translate compassion into action.

Abstinence from violence.

Dynamism to work for the mission.

Alleviate the pain and suffering of living beings.

Yearn to make a positive difference in the world.

Advance in truth and understanding.

← Jiva Daya, put into practice can transform our life
if we follow these steps in our daily lives

.... Pujya Pramodaben Chitrabhanu

MAY 2013



VIR SAMVAT 2539 **JAIN CALENDAR** VIKRAM SAMVAT 2069



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS

JAIN FESTIVAL

AUSPICIOUS DAY

CHAITRA - MAY 2013 - VAISHAKH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
CHAITRA: 1 TO 9 MAY VAISHAKH: 10 TO 31 MAY		1 Vad Chhath	2 Vad Aatham	3 Vad Nom	4 Vad Dasam	5 Vad Agiyaras
6 Vad Baras	7 Vad Teras	8 Vad Chaudas	9 Vad Amas	10 Sud Ekam	11 Sud Ekam	12 Sud Bij
13 Sud Trij	14 Sud Choth	15 Sud Pancham	16 Sud Chhath	17 Sud Satam	18 Sud Aatham	19 Sud Nom
20 Sud Dasam	21 Sud Agiyaras	22 Sud Baras	23 Sud Teras	24 Sud Chaudas	25 Sud Poonam	26 Vad Bij
27 Vad Trij	28 Vad Choth	29 Vad Pancham	30 Vad Chhath	31 Vad Satam		

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 8 | 12 | 15 | 18 | 21 | 24 | 26 | 29

AVOID ROOT VEGETABLES

Date: 1 | 4 | 7 | 14 | 17 | 19 | 20 | 22 | 23 | 25 | 30

JAIN FESTIVAL

Date : 13 - Varshitap Parna

Date : 25 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 01 - Shitalnath Chavan Kalyanak

Date : 04 - Naminath Nirvan Kalyanak

Date : 04 - 20 Viharmans Bhagwans Janma Kalyanak

Date : 07 - Anantanath Janma Kalyanak

Date : 08 - Anantanath Diksha & Kevalgnan Kalyanak

Date : 08 - Kunthunath Janma Kalyanak

Date : 14 - Abhinandan Chavan Kalyanak

Date : 17 - Dharmnath Chavan Kalyanak

Date : 18 - Abhinandan Nirvan Kalyanak

Date : 18 - Sumatinath Janma Kalyanak

Date : 19 - Sumatinath Diksha kalyanak

Date : 20 - Mahavirswami Kevalgnan Kalyanak

Date : 22 - Vimalnath Chavan Kalyanak

Date : 23 - Ajitnath Chavan Kalyanak

Date : 30 - Shreyansanath Chavan Kalyanak



Jain Prayer

Jay Prabhuji Mahara, Premthi Namu, Moorti tahari joine tharu
Arar! O Prabhu! Paap mein karya, shu thase have mahari dasha
Maate O Prabhu tamane Vinavu, Taarjo have prabhujine stavu.

Dinanathji dukh kapjo, Bhavik jivne sukh aapjo.

Aadinathji Swami Mahara, Gun Gau Chu Nitya Tahara.



JamJam Manenabhaddham. Jamjam Vayena Vasium Pavam

JamJam Kayena Kayam. Tassa Micchami Dukkadam



JUNE 2013



AHIMSA



HOW TO PRACTISE AHIMSA IN OUR EVERYDAY LIVES

SOME SUGGESTIONS:

Be a vegetarian

Be compassionate

Be tolerant

Co-operate rather than compete

Learn to forgive and forget

Not to engage in gossip,
or speak bad about anybody

Think well rather than bad about others

Do not tease or intentionally hurt someone's feeling

Carefulness and awareness in any actions

Protect the environment

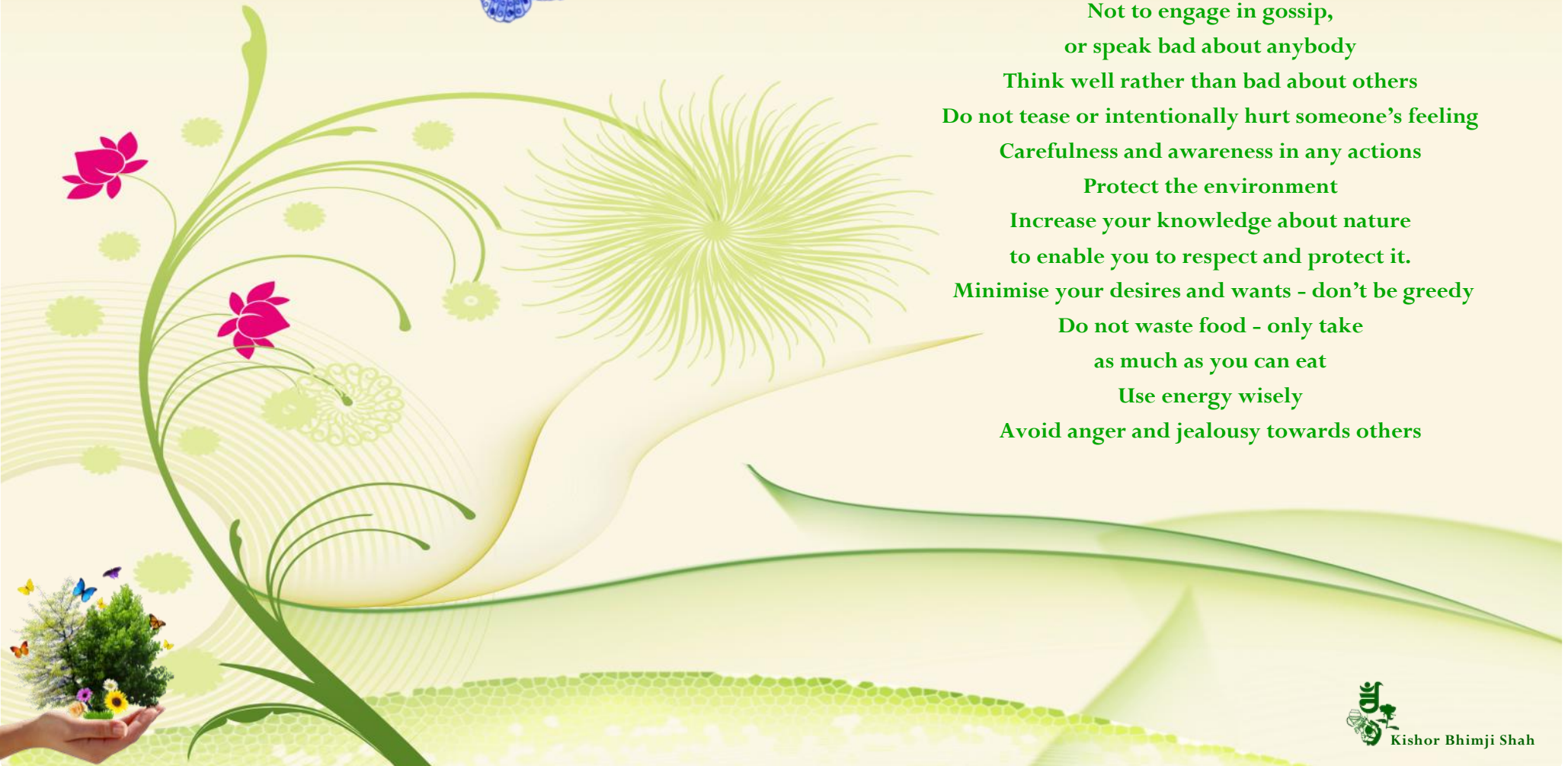
Increase your knowledge about nature
to enable you to respect and protect it.

Minimise your desires and wants - don't be greedy

Do not waste food - only take
as much as you can eat

Use energy wisely

Avoid anger and jealousy towards others





VIR SAMVAT 2539 **JAIN CALENDAR** VIKRAM SAMVAT 2069



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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VAISHAKH - JUNE 2013 - JETH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
VAISHAKH: 1 TO 8 JUNE JETH: 9 TO 30 JUNE					1 Vad Aatham	2 Vad Nom
3 Vad Dasam	4 Vad Agiyaras	5 Vad Baras	6 Vad Teras	7 Vad Chaudas	8 Vad Amas	9 Sud Ekam
10 Sud Bij	11 Sud Trij	12 Sud Choth	13 Sud Choth	14 Sud Pancham	15 Sud Chhath	16 Sud Satam
17 Sud Aatham	18 Sud Nom	19 Sud Dasam	20 Sud Agiyaras / Baras	21 Sud Teras	22 Sud Chaudas	23 Sud Poonam
24 Vad Ekam	25 Vad Bij	26 Vad Choth	27 Vad Pancham	28 Vad Chhath	29 Vad Satam	30 Vad Aatham

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 10 | 14 | 17 | 20 | 22 | 25 | 27 | 30

AVOID ROOT VEGETABLES

Date : 2 | 6 | 18 | 21 | 23 | 26 | 29

JAIN FESTIVAL

Date : 23 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

- Date : 01 - Munisuvrata Janma Kalyanak
- Date : 02 - Munisuvrata Nirvan Kalyanak
- Date : 06 - Shantinath Janma & Nirvan Kalyanak
- Date : 07 - Shantinath Diksha Kalyanak
- Date : 14 - Dharmanath Nirvan Kalyanak
- Date : 18 - Vasupujya Chavan Kalyanak
- Date : 20 - Suparshvanath Janma Kalyanak (*Baras*)
- Date : 21 - Suparshvanath Diksha Kalyanak
- Date : 26 - Adinath Chavan Kalyanak
- Date : 29 - Vimalnath Nirvan Kalyanak



Jain Prayer

Sau Prani AA Sansarana, Sanmitra Muj Vhala Thajo
Sadagoonama Anand Manu, Mitra Ke Veri Hajo
Dukhiya Prati Karuna Ane, Dushman Prati Madhyastatha
Shubha Bhavana Prabhu Char AA, Pamo Hridiya Ma Sthirata.



Khamiya Khamavia Mai Khamaha Savva Jiva Nikaya
Siddha Sakha Aloyena Mujja Vaira Na Bhava



JULY 2013

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“PARASPAROPAGRAHO JIVANAM”

*We are all interdependent on each other and by living a
JAIN WAY OF LIFE - we can bring peace
and spirituality to all our lives and to those around us*



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VIR SAMVAT 2539 **JAIN CALENDAR** VIKRAM SAMVAT 2069



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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JETH - JULY 2013 - ASHADH

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Vad Nom	2 Vad Dasam	3 Vad Agiyaras	4 Vad Baras	5 Vad Teras	6 Vad Teras	7 Vad Chaudas
8 Vad Amas	9 Sud Ekam	10 Sud Bij	11 Sud Trij	12 Sud Choth	13 Sud Pancham	14 Sud Chhath
15 Sud Satam	16 Sud Aatham	17 Sud Nom	18 Sud Dasam	19 Sud Agiyaras	20 Sud Baras	21 Sud Chaudas
22 Sud Poonam	23 Vad Ekam	24 Vad Bij	25 Vad Trij	26 Vad Choth	27 Vad Pancham	28 Vad Chhath
29 Vat Satam	30 Vad Aatham	31 Vad Nom			JETH: 1 TO 8 JULY ASHADH: 9 TO 31 JULY	

AVOID GREEN & ROOT VEGETABLES

Date : 3 | 7 | 10 | 13 | 16 | 19 | 21 | 24 | 27 | 30

AVOID ROOT VEGETABLES

Date : 1 | 14 | 22 | 23 | 25 | 29 | 31

JAIN FESTIVAL

Date : 21 - Chaumasi Chaudas

Date : 22 - Guru Purnima

AUSPICIOUS DAY

Date : 01- Naminath Diksha Kalyanak

Date : 14 - Mahavirswami Chavan Kalyanak

Date : 16 - Neminath Nirvan Kalyanak

Date : 21 - Vasupujyu Nirvan Kalyanak

Date : 23 - 20 Viharmans Bhagwans Chavan Kalyanak

Date : 25 - Shreyansanath Nirvan Kalyanak

Date : 29 - Anantanath Chavan Kalyanak

Date : 30 - Naminath Janma Kalyanak

Date : 31 - Kunthunath Chavan Kalyanak



Jain Prayer

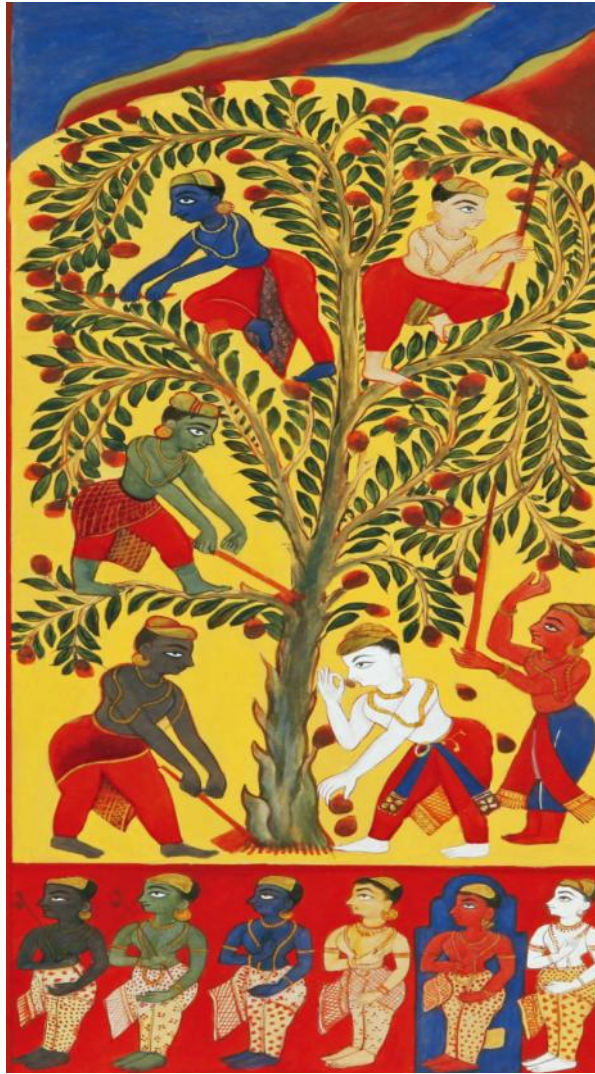
Upasargah Ksayam yanti Chhidyante vignavallayah
Manah prasannatameti, pujiyamane jineshvare.

Shivamastu sarvajagatah, parahitanirata bhavantu bhutaganah
Dosah prayantu nasham, sarvatra sukhibhavatu lokah.

Sarva Mangalam Mangalyam, Sarva kalian Karanam:
Pradhanam Savadharmanam, Jainam Jayati Shasanam.



AUGUST 2013





VIR SAMVAT 2539 **JAIN CALENDAR** VIKRAM SAMVAT 2069



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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ASHADH - AUGUST 2013 - SHRAVAN

Mon	Tue	Wed	Thu	Fri	Sat	Sun
ASHADH: 1 TO 6 AUGUST SHRAVAN: 7 TO 31 AUGUST			1 Vad Dasam	2 Vad Agiyaras	3 Vad Baras	4 Vad Teras
5 Vad Chaudas	6 Vad Amas	7 Sud Ekam	8 Sud Bij	9 Sud Trij	10 Sud Trij	11 Sud Choth
12 Sud Pancham Chhath	13 Sud Satam	14 Sud Aatham	15 Sud Nom	16 Sud Dasam	17 Sud Agiyaras	18 Sud Baras
19 Sud Teras	20 Sud Chaudas	21 Sud Poonam	22 Vad Bij	23 Vad Trij	24 Vad Choth	25 Vad Pancham
26 Vad Chhath	27 Vad Satam	28 Vad Aatham	29 Vad Nom	30 Vad Nom	31 Vad Dasam	

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 8 | 12 | 14 | 17 | 20 | 22 | 25 | 28

AVOID ROOT VEGETABLES

Date: 21 | 27

JAIN FESTIVAL

Date: 21 - Poonam (*Bhav Siddhachal Yatra*)

Date: 21 - Raksha Bandhan

AUSPICIOUS DAY

Date : 08 - Sumatinath Chavan kalyanak

Date : 12 - Neminath Janma Kalyanaks

Date : 12 - Neminath Diksha Kalyanaks (*Chhath*)

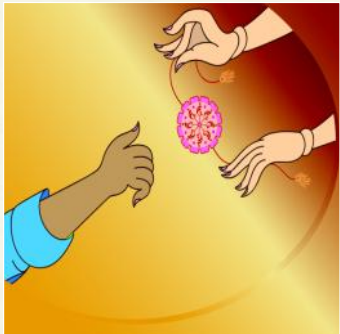
Date : 14 - Parshavanath Nirvan Kalyanak

Date : 21 - Munisuvrata Chavan Kalyanak

Date : 27 - Shantinath Chavan Kalyanak

Date : 27 - Chandraprabhu Nirvan Kalyanak

Date : 28 - Suparshvanath Chavan Kalyanak



Jain Prayer

Roop Prabhuji mein tuj palav pakadiyo. Have kadi nahin Chodu,

Tara Darshan karva kaje, Nitya savare dodu.

Darshan Darshan Karto Prabhuji, Aavyo tare dware,

Parshwa prabhunu mukhadu jota Anand ati Ubharaye

ॐ नमो भगवते वासुदेवाय

Shanti such anand ka, pratyek ghar me vas ho

Veer vani par sabhi, sansar ka vishvas ho.

Roga bhaya aur shoka hove dura hey parmatma

Jyoti se paripurna hove, saba jagat ki atma

SEPTEMBER 2013





VIR SAMVAT 2539 **JAIN CALENDAR** VIKRAM SAMVAT 2069



AATHAM | CHAUDAS | PANCHAM | BIJ | AGIYARAS | JAIN FESTIVAL | AUSPICIOUS DAY

SHRAVAN - SEPTEMBER 2013 - BHADARVO

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30 Vad Agiyaras		SHRAVAN: 1 TO 5 SEPT BHADARVO: 6 TO 30 SEPT				1 Vad Agiyarsa
2 Vad Baras	3 Vad Teras	4 Vad Chaudas	5 Vad Amas	6 Sud Ekam	7 Sud Bij	8 Sud Trij
9 Sud Choth	10 Sud Pancham	11 Sud Chhath	12 Sud Satam	13 Sud Aatham	14 Sud Nom	15 Sud Agiyaras
16 Sud Baras	17 Sud Teras	18 Sud Chaudas	19 Sud Poonam	20 Vad Ekam	21 Vad Bij	22 Vad Trij
23 Vad Choth	24 Vad Pancham	25 Vad Chhath	26 Vad Satam	27 Vad Aatham	28 Vad Nom	29 Vad Dasam

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 13 | 15 | 18 | 21 | 24 | 27 | 30

AVOID ROOT VEGETABLES

Date: 14 | 19

JAIN FESTIVAL

Date: 02-09 - Paryushan Maha Parva

Date : 05 - Kalpa Sutra Vanchan

Date : 06 - Mahavirswami Janma Vanchan & Sapna Darshan

Date : 09 - Kshamapana, Baras Sutra Vanchan, Samvantsari Pratikraman

Date : 10 - Parna

Date : 19 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 14 - Suvidhinath Nirvan Kalyanak

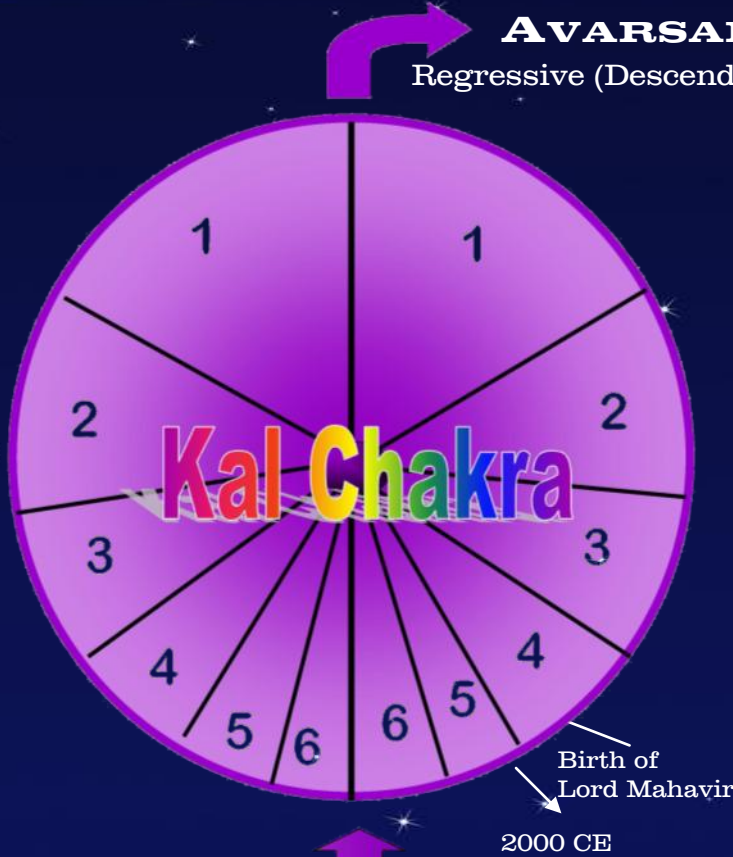


Jain Prayer

Ichchhakarena Sandisaha Bhagavan!
Iriyavahiyam Padikkamami? Ichchham ...
Ichchhami Padikkamium, Iriyavahiya Virahanae.
Gamanagamane Panakkamane, Beeyakkamane, Hariakkamane,
Osa-Uttinga-panaga Daga mattee Makkada Santana-Sankamane,
Je me jeeva Virahiya. Ekindiya, Beindiya, Teindiya, Chaurindiya,
Panchindiya. Abhiyaya, Vattiya, Lesiya, Sanghaiya, Sanghattiya,
Pariyaviya, Kilamiya, Uddaviya, Thanao Thanam Sankamiya,
Jeeviyao Vavaroviya, Tassa Michchhami Dukkadam.



OCTOBER 2013



AVARSARPINI

Regressive (Descending) Half Cycle

UTSARPINI
PROGRESSIVE (ASCENDING) HALF CYCLE

- ① SUKHAM SUKHAM (Very Happy)
- ② SUKHAM (Happy)
- ③ SUKHAM DUKHAM (More happy than unhappy)
- ④ DUKHAM SUKHAM (More unhappy than happy)
- ⑤ DUKHAM (Unhappy)
- ⑥ DUKHAM DUKHAM (Very Unhappy)

The Jain scriptures state that the function of time is:

Bringing about incessant, minute, imperceptible change;

Perceptible transformation, activity, anteriority and posteriority are the functions of time

Tattvartha Sutra (Umaswati)



VIR SAMVAT 2539 **JAIN CALENDAR** VIKRAM SAMVAT 2069



AATHAM CHAUDAS PANCHAM BIJ AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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BHADARVO - OCTOBER 2013 - AASO

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 Vad Baras	2 Vad Teras	3 Vad Chaudas	4 Vad Amas	5 Sud Ekam	6 Sud Bij
7 Sud Trij	8 Sud Choth	9 Sud Pancham	10 Sud Chhath	11 Sud Satam	12 Sud Aatham	13 Sud Nom
14 Sud Dasam	15 Sud Agiyaras	16 Sud Baras	17 Sud Chaudas	18 Sud Poonam	19 Vad Ekam	20 Vad Bij
21 Vad Trij	22 Vad Trij	23 Vad Choth	24 Vad Pancham	25 Vad Chhath	26 Vad Satam	27 Vad Aatham
28 Vad Nom	29 Vad Dasam	30 Vad Agiyaras	31 Vad Baras		BHADARVO: 1 TO 4 OCT AASO: 5 TO 31 OCT	

AVOID GREEN & ROOT VEGETABLES

Date: 3 | 6 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 17 | 18
20 | 24 | 27 | 30

AVOID ROOT VEGETABLES

Date: 4 | 31

JAIN FESTIVAL

Date: 10-18 - Ayambil Oli

Date : 18 - Poonam (*Bhav Siddhachal Yatra*)
& Ayambil Oli Finishes

Date : 19 - Parna

AUSPICIOUS DAY

Date : 04 - Neminath Kevalgnan Kalyanak

Date : 18 - Naminath Chavan Kalyanak

Date : 24 - Sambhavanath Kevalgnan Kalyanak

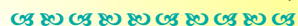
Date : 31 - Neminath Chavan Kalyanak

Date : 31 - Padmaprabhu Janma Kalyanak



Jain Prayer

Roop taru Aevu adhbhut palak vin joya karu
Ne netra taranirki nirki paap mujh dhoya karu
Hradayna shubh bhaav parakhi bhavana Bhavit banu
Che Zankhana aavi mane ke hu tuj rupe banu



Jay Dharam ke vistar se, sansar ka uddhar ho
Pap ka parihar ho aur, punya ka sanchar ho.

Gyan ki sadjyoti se, agyanta ka nash ho
Dharam ke sadacharan se, shanty ka vas ho

NOVEMBER 2013



*The night may be dark. The path may be difficult
Light lamps of love and affection, then it will be Diwali of the heart
Diwali lights the temple of the heart, it opens the sky of the inner heart
It is Diwali which soaks every living beings with love.*

Jains celebrate Diwali to celebrate Bhagwan Mahavir's attainment of Moksha.

Mahavir lived as a light, a beacon of inspiration, a blessing to all.

Lighting the lamps during Diwali reminds us all to light the lamp of love within our hearts. This is what Bhagwan Mahavir did.



VIR SAMVAT 2539 **JAIN CALENDAR** VIKRAM SAMVAT 2069



AATHAM CHAUDAS PANCHAM BIJ AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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AASO - NOVEMBER 2013 - KARTIK

Mon	Tue	Wed	Thu	Fri	Sat	Sun
AASO: 1 TO 3 NOVEMBER KARTIK: 4 TO 30 NOVEMBER				1 Vad Teras	2 Vad Chaudas	3 Vad Amas
4 Sud Ekam	5 Sud Bij	6 Sud Trij	7 Sud Pancham	8 Sud Chhath	9 Sud Satam	10 Sud Aatam
11 Sud Nom	12 Sud Dasam	13 Sud Agiyaras	14 Sud Baras	15 Sud Teras	16 Sud Chaudas	17 Sud Poonam
18 Vad Ekam	19 Vad Bij	20 Vad Trij	21 Vad Choth	22 Vad Choth	23 Vad Pancham	24 Vad Chhath
25 Vad Satam	26 Vad Aatam	27 Vad Nom	28 Vad Dasam	29 Vad Agiyaras	30 Vad Baras	

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 5 | 7 | 10 | 13 | 16 | 19 | 23 | 26 | 29

AVOID ROOT VEGETABLES

Date : 1 | 3 | 4 | 6 | 14 | 17 | 27

JAIN FESTIVAL

Date: 01 - Dhaneras

Date : 02 - Kali Chaudas

Date : 03 - Diwali

Date : 04 - New Years Day

Date : 05 - Bhai Bij

Date : 07 - Gyan Pancham

Date : 16 - Chaumasi Chaudas

Date : 17 - Kartik Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 01 - Padmaprabhu Diksha Kalyanak

Date : 03 - Mahavirswami Nirvan Kalyanak

Date : 04 - GautamSwami Kevalgnan Kalyanak

Date : 06 - Suvidhinath Kevalgnan Kalyanak

Date : 14 - Aranath Kevalgnan Kalyanak

Date : 27 - Mahavirswami Diksha Kalyanak

Date : 29 - Padmaprabhu Nirvan Kalyanak



Jain Prayer

Tubhyam namastribhuvanartiharaya natha
Tubhyam namah ksitalamalabhusanaya
Tubhyam namastrijagatah parameshvaraya
Tubhyam namo jina bhavodadhishosanaya



Arhanto bhagvant indramahitaaha siddhaashrachsiddhisthitaah
Achaaryaa jin shasnonnitikaraaha poojyaa upaadhyaaykaaha

DECEMBER 2013





VIR SAMVAT 2539 **JAIN CALENDAR** VIKRAM SAMVAT 2069



AATHAM	CHAUDAS	PANCHAM	BIJ	AGIYARAS	JAIN FESTIVAL	AUSPICIOUS DAY
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KARTIK - DECEMBER 2013 - MAGSAR

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30 Vad Teras	31 Vad Chaudas		KARTIK: 1 TO 2 DECEMBER MAGSAR: 3 TO 31 DECEMBER			1 Vad Chaudas
2 Vad Amas	3 Sud Ekam	4 Sud Bij	5 Sud Trij	6 Sud Choth	7 Sud Pancham	8 Sud Chhath
9 Sud Satam	10 Sud Aatham	11 Sud Nom	12 Sud Dasam	13 Sud Agiyaras	14 Sud Baras	15 Sud Teras
16 Sud Chaudas	17 Sud Poonam	18 Vad Ekam	19 Vad Bij	20 Vad Trij	21 Vad Choth	22 Vad Pancham
23 Vad Chhath	24 Vad Satam	25 Vad Satam	26 Vad Aatham	27 Vad Nom / Dasam	28 Vad Agiyaras	29 Vad Baras

AVOID GREEN & ROOT VEGETABLES

Date : 1 | 4 | 7 | 10 | 13 | 16 | 19 | 22 | 26 | 28 | 31

AVOID ROOT VEGETABLES

Date : 12 | 17 | 27 | 29 | 30

JAIN FESTIVAL

Date: 13 - Maun Agiyaras

Date : 17 - Poonam (*Bhav Siddhachal Yatra*)

AUSPICIOUS DAY

Date : 12 - Aranath Janma & Nirvan Kalyanak

Date : 13 - Aranath Diksha Kalyanak

Date : 13 - Mallinath Janma, Diksha & Kevakgnan
Kalyanak

Date : 13 - Naminath Kevalgnan Kalyanak

Date : 16 - Sambhavanath Janma Kalyanak

Date : 17 - Sambhavanath Diksha Kalyanak

Date : 27 - Parshvanath Janma Kalyanak (*Dasam*)

Date : 28 - Parshvanath Diksha kalyanak

Date : 29 - Chandraprabhuswami Janma Kalyanak

Date : 30 - Chandraprabhuswami Diksha Kalyanak

Date : 31- Shitalnath Kevalgyan Kalyanak



Jain Prayer

Dada tari mukha mudrane amiya najare nihali rahyo
Tara nayanomathi Zartu divya tej hu Zilli rahyo
Kshanbhar aa sansarni maya tari bhakti ma bhooli gayo
Tuj moortima mast banine aatmik anand mani rahyo



Saras shanti sudharas sagaram;
Shuchi-taram gun-ratna-mahagaram,
Bhavik pankaj bodh-divakaram;
Pratidinam pranamami Jineshwaram.



Twenty Viharmans Bhagwans

1	Shree Simandhar Swami	11	Shree Vajradhar Swami
2	Shree Yugmandhar Swami	12	Shree Chandranan Swami
3	Shree Bahu Swami	13	Shree Chandrabahu Swami
4	Shree Subahu Swami	14	Shree Bhujangam Swami
5	Shree Sujat Swami	15	Shree Ishwar Swami
6	Shree Svayamprabh Swami	16	Shree Nemiprabh Swami
7	Shree Rishabhanan Swami	17	Shree Virsen Swami
8	Shree Anantvirya Swami	18	Shree Mahabhadra Swami
9	Shree Suprabh Swami	19	Shree Devyash Swami
10	Shree Vishaldhar Swami	20	Shree Ajitvirya Swami

At each 'Kalyanak' attempt to do as many 'Malas' as possible to a maximum of 20

FOR CHAVAN KALYANAK

OM HRIM SHREE "TIRTHANAKARA NAME" PARMESHTHINE NAMAH

e.g. OM HRIM SHREE *PARSVANATH* PARMESHTHINE NAMAH

FOR JANAM KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" ARHATE NAMAH

FOR DIKSHA KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" NATHAY NAMAH

FOR KEVAL GYAANA KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" SARVAGNAY NAMAH

FOR MOKSHA (NIRVAN) KALYANAK

OM HRIM SHREE "TIRTHANKARA NAME" PARANGATAY NAMAH

The "Twenty Viharmans Bhagwans" are the Tirthankaras currently in the Mahavideh Area. They have only four Kalyanaks - Chavan, Janam, Diksha and Kevalgnan - which in Year 2013, all occur on the same day as follows:-

14 March	Fagan Sud Trij	Diksha Kalyanak
23 April	Chaitra Sud Teras	Kevalgnan Kalyanak
4 May	Chaitra Vad Dasam	Janam Kalyanak
23 July	Ashadh Vad Ekam	Chavan Kalyanak

On the above days, as at each Kalyanak, attempt to do as many 'Malas' as possible to a maximum of 20

PACCHAKHAAN ...

Pacchakhaan – this is when a layperson takes a limited time bound vows renouncing certain activities for a fixed period of time. By taking these vows, one is rewarded by a well organised, self-disciplined, stress free lifestyle full of peace and tranquillity.

To take a vow is like sowing a seed. Before you sow a seed, you first have to prepare the soil, similarly, we first have to prepare our minds before taking a vow. This means the removal of all those obstacles that affect our mental resolutions. One must think deeply before one takes a vow. We have to till the inner soil to rid the mind of all doubts and suspicious and be mentally clear as to what the vows will bring. We must de-weed the mind of all contradictions, uproot inner vacillations and un-willingness and clear it of weakness. And then manure it with faith and respect. Vows taken with preparations get firmly rooted.

PLEASE NOTE:

When taking any pacchakhaan, say the word *pacchakhaami* and *vosiraami*. When giving the pacchakhaan to someone else say the word *pacchakhai* and *vosirai*. The acceptor of the pacchakhaan will then say the word *pacchakhaami* and *vosiraami* respectively.

When you finish the vow, sit at one place, fold your hand i.e *Muththi vaalavi* or handful , recite Navakar Mantra three times. This concludes your vow.

DHARANA MUTTHI SAHIAM ABHIGRAH

(This is a general pacchakhan to renounce certain activity (tyag) for a fixed period of time - e.g I will not eat food for the next two hours or I will remain silent for the next hour)

DHARANA MUTTHI SAHIAM, ABHIGGAHAM, PACCHAKHAAI (*PACCHAKHAMI), ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI)

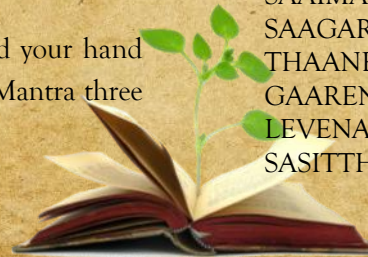
NAVKAARSI

UGGAYE SUREY, NAMUKKAAR SAHIAM, MUTTHI SAHIAM, PACCHAKHAAI (*PACCHAKHAMI), CHAUVI HAMPI, AAHAARAM, ASANAM, PAANAM, KHAAMAM, SAIMAM, ANANTHAANA BHOGENAM, SAHASAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, VOSIRAI (* VOSIRAMI).

AYAMBIL - NIVI - EKAASANU - BIYAASANU

UGGAYE SUREY, NAMUKKAAR SAHIAM, PORISIM, SAATH PORISIM, MUTTHISAHIM, PACCHAKHAAI (*PACCHAKHAMI), UGGAYE, SUREY, CHAUVI HAMPI, AAHAARAM, ASANAM, PAANAM, KHAAMAM, SAIMAM, ANANTHANAA BHOGENAM, SAHASAA GAARENAM, PACHHANA KAALENAM, DISHAA MOHENAM, SAAHU VAYENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, AAYAMBILM, NIVVIGAIM, VIGAIIO PACCHAKHAAI (*PACCHAKHAAMI), ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, LEVAA LEVENAM, GIHATTH SANSA THENAM, UKHIT VIVEGENAM, PADUCHH MAKHHIANAM, PAARITHA VANIYAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYAA GAARENAM, BIYAASANAM, EKAASANAM, PACCHAKHAAI (*PACCHAKHAAMI), TIVIHAMPI, AAHAARAM, ASANAM, KHAAMAM, SAIMAM, ANNATTHANAA BHOGENAM, SAHASAA GAARENAM, SAAGARIYA GAARENAM, OUTANA PASAARENAM, GURU ABBHU THAANENAM, PAARITHAA VANIAA GAARENAM, MAHATTARAA GAARENAM, SAVVA SAMAHI VATTIYA GAARENAM, PAANNASSA LEVENAVAA, ALEVENAVAA, ACHHENAVAA, BAHU LEVENAVAA, SASITTHE NAVAA, ASITTHE NAVAA, VOSIRAI (* VOSIRAMI)

For correct pronunciations - refer to a person who can recite above in Gujarati

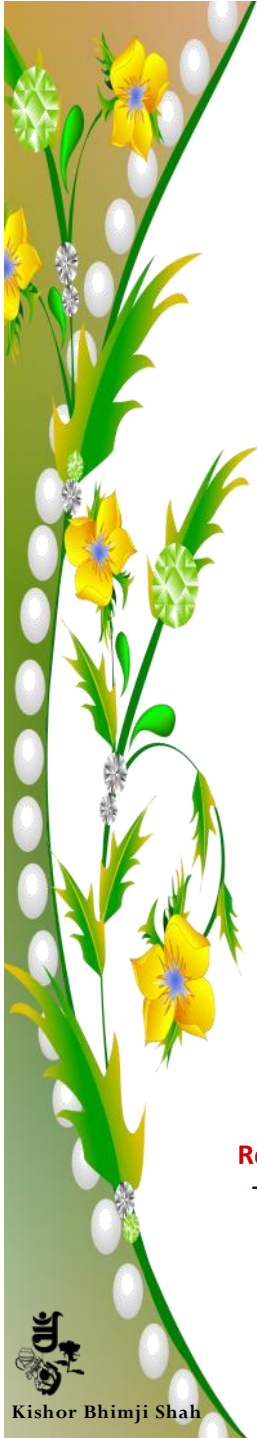


KARTAVYAS FOR SHRAVAKS THROUGHOUT THE YEAR

SANGH PUJAA	Venerate the four-fold order by respectfully providing for the needs of ascetics & offer gifts to laypeople of the sangh
SADHARMIK BHAKTI	Reverence and welfare of fellow Jains
YATRA TRIK	Pilgrimage to three Jain temples, participating in pujas
SNATRA PUJA	At least once a year to participate in Snatra Puja
DEV DRAVYA	Raising or donating funds for the maintenance, renovation, construction of temple & religious activity
MAHAPUJA	Elaborate pujans which involve the decorations of Jin Pratimas, Derasars. These pujas are intended to encourage devotees to come to the Derasar for worship
RATRI JAGRAN	Singing of hymns and performing religious observances throughout the night on auspicious days.
SHRUT (GYAN) PUJA	Veneration of scriptures - devotional puja of scriptures
UDYAAPAN	Concluding ritual - involves the display of objects of worship, making gifts to participants in the final day ceremonies of auspicious religious observances.
SHASHAN PRABHAVNA	Promote Jainism and Jain Way of Life on auspicious days and occasions
ALOCHNA PURVA	Atonement (suddhi) - one confesses faults in the presence of an ascetic at once a year and performs penance

KARTAVYAS FOR SHRAVAKS DURING PARYUSHAN

SADHARMIK VATSALYA <i>(Welfare of fellow Jains)</i>	To feel heart felt affection for not only fellow Jains, but also other people and all living creatures. One should also extend help and care to those who are on the same path, and do our utmost to remove the causes of unhappiness for fellow Jains.
AMARI PRAVARTAN <i>(Ahimsa - Non Violence)</i>	To be non-violent in thought, words and deeds and to bestow fearlessness in every life form.
ATTHAMA TAPA <i>(Fasting for three days)</i>	The austerity of fasting for three days continuously to purify one's body. It is said that the three days represent the three jewels of Jainism – Right Faith, Right Knowledge and Right Conduct. If one can not fast for three consecutive days, one should fast on three separate days, and if this is not possible, then try and do six Ayambils (one meal only of tasteless food, during the whole day) or 12 Ekaashan (eating once a day), or 24 Besan (eating twice a day) or 60 rosary mala of Navkar Mantra.
CHAITYA PARIPATI <i>(Temple Yatra)</i>	Pilgrimage to holy places, showing respect and devotion to the Lord through worship, prayers and meditation.
KSHAMAPANA <i>(Forgiveness)</i>	To ask for forgiveness from all beings who in the past or present life may have suffered because of us. To forgive those who have hurt us and forgive their shortcomings and weaknesses.



KARTAVYAS (ESSENTIAL DUTIES) FOR JAIN SHRAVAKS

<i>Throughout the Year</i>	
	DATE
SANGH PUJAA	
SADHARMIK BHAKTI	
YATRA TRIK	
SNATRA PUJA	
DEV DRAVYA	
MAHAPUJA	
RATRI JAGRAN	
SHRUT (GYAN) PUJA	
UDYAAPAN	
SHASHAN PRABHAVNA	
ALOCHNA PURVA	
<i>During Paryushan</i>	
SADHARMIK VATSALYA	
AMARI PRAVARTAN	
ATTHAMA TAPA	
CHAITYA PARIPATI	
KSHAMAPANA	

Record above when you or your family have fulfilled a Kartavya

The Annual Kartavyas are as prescribed in ***Sravaka Prajnaapti***.

If it is not possible to perform above duties alone, one should perform them collectively with others.

Jain Acharyas say that you have to practice the religion:-

***yatha-shakti* (as per your capacity)**

and according to the ***desh-kala* (place and time)**



THOUGHTS FOR EVERYDAY



With every breath I take today,
I vow to be awake,
And every step I take,
I vow to take with a grateful heart.
So I may see with eyes of love
into the hearts of all I meet,
To ease their burden when I can
And touch them with a smile of peace

I WISH ...

I May live to learn well, and learn to live well.

I May never speak to deceive nor listen to betray.

My joys be as deep as the ocean, and misfortunes as light as its foam.

My pleasures be free from the stings of remorse.

My heart never wanders and my tongue never slanders.

MY FEELINGS ...

My feelings of "Maitri" (friendliness) for all.

My feelings of "Karma" (Sympathy) for the poor and miserable.

My feelings of "Maadhyasta" (indifference) for the ill-virtue.

My feelings of "Pramod" (appreciation) for people with virtues.

May I always look at good qualities of others and not their follies.

I KEEP AWAY FROM ...

I keep away from the five infirmities (panch paap) of

"Himsa" (causing injury), "Jhoot" (lying) "Chori" (Stealing), "Kusheel" (impurity in relations) and parigrah (excessiveness).

I keep away from the four passions (Chhar Kashaaye) of

"Krodh" (anger), "Maan" (pride), "maaya" (deceit), and "Lobh" (greed).

I choose to be simple, truthful and helpful towards all.



Jain Calendar 2013 Monthly Themes

JANUARY
Jain Symbol

FEBRUARY
Triple 'A' of Jainism

MARCH
Jain Gavri

APRIL
Siddhachakra

MAY
Jiva Daya

JUNE
Ahimsa

JULY
Parasparopagraho
Jivanam

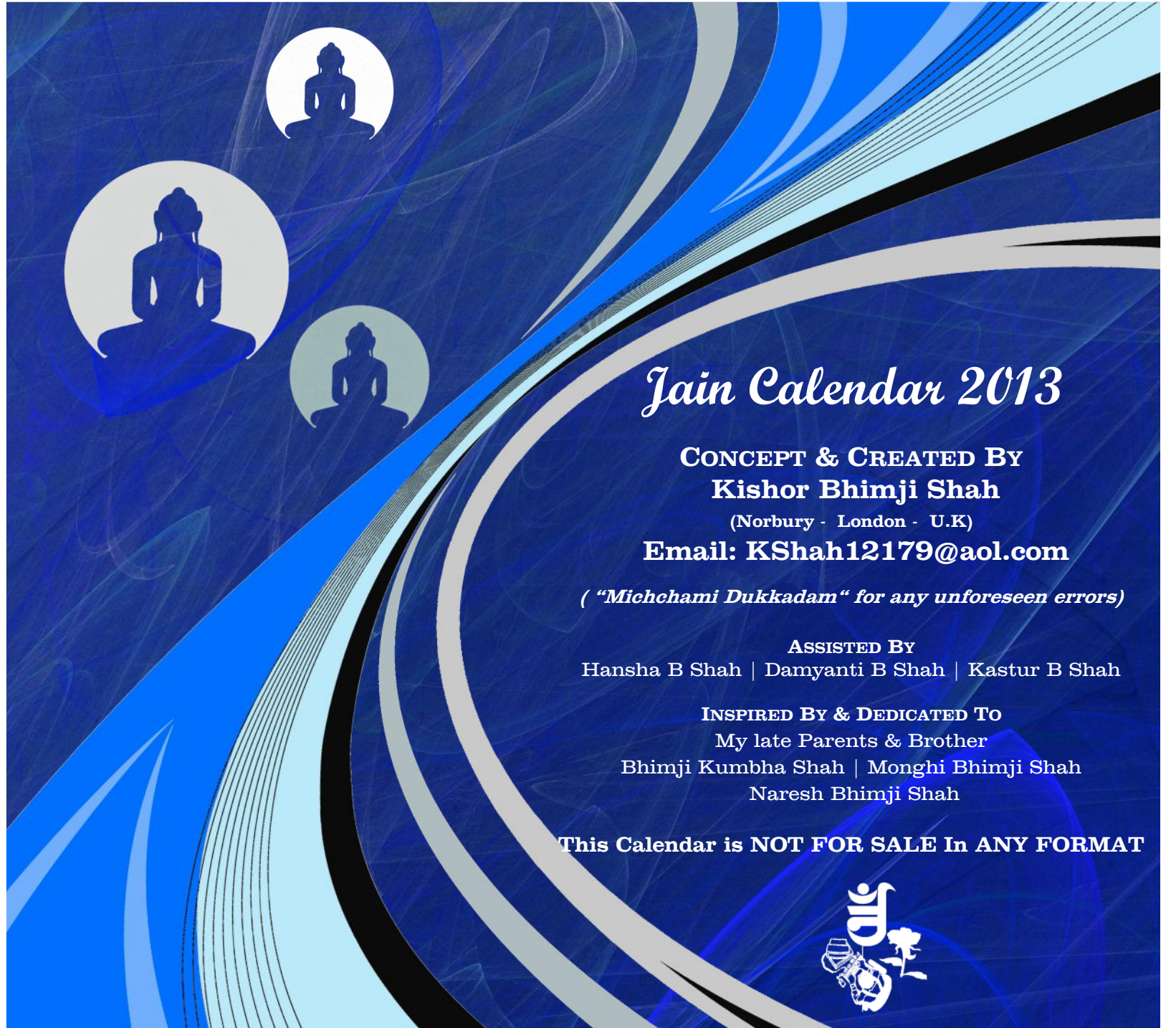
AUGUST
Jain Art

SEPTEMBER
14 Dreams

OCTOBER
Kal Chakra

NOVEMBER
Diwali

DECEMBER
Ashtamangala



Jain Calendar 2013

CONCEPT & CREATED BY
Kishor Bhimji Shah

(Norbury - London - U.K)

Email: KShah12179@aol.com

(*"Michchami Dukkadam" for any unforeseen errors*)

ASSISTED BY

Hansha B Shah | Damyanti B Shah | Kastur B Shah

INSPIRED BY & DEDICATED TO

My late Parents & Brother

Bhimji Kumbha Shah | Monghi Bhimji Shah

Naresh Bhimji Shah

This Calendar is NOT FOR SALE In ANY FORMAT

