

**JAIN VISHVA BHARATI UNIVERSITY, LADNUN
(RAJASTHAN), INDIA**

**UNDERSTANDING JAINISM PROGRAMME
July 15th - Aug. 4th 2009**

The understanding Jainism Programme of Jain Vishva Bharati University is an intensive course emphasizing on Jain Philosophy, Ethics, Non-violence, Meditation etc. The programme is interdisciplinary in the nature, aiming at to facilitate the condensed and in-depth knowledge in twenty one days schedule time encompassing the total hours needed for any three month certificate course. This course is formulated as per credit system and is equivalent to three credit course, undertaking study hours equal to or more than 35 hours.

OBJECTIVES

- i. To understand the concept and ideas of Jainism.
- ii. To develop understanding and attitude of nonviolence.
- iii. To familiarize the participants with the philosophy of creative nonviolence in India.
- iv. To impart training of Preksha Meditation for emotionally balanced Life-style.
- v. To establish the importance and relevance of amity for the survival of living being.

COURSE DETAIL

- Course code :** CERTUJ 812
- Subject code :** (a) Jainism-CUJ 101
(b) Meditation-CUJ 102
(c) Nonviolence-CUJ 103
(d) Prakrit CUJ 104

COURSE CONTENTS

(a) Jainism CUJ 101

Introduction to Jainism, Life of Mahavir, Jain Prayer and Mantra, Jain Literature, Jain Life Style, Life of House Holder, Jain Asceticism, Path of liberation, Nine Tatvas, Six Substances & Jain Cosmology, Jain Art & Architecture, Karma Theory, Theory of Knowledge, Jain symbols & Ceremonies, Art of Dying: Santhara, Concept of Nayavada

(b) Science of Living Preksha Meditation and Yoga CUJ 102

SOL- an Innovative system of Education, Jain Meditation-Then & Now, Nurturing Factors of Meditation, Stress Management & PM, Anupreksha-Auto Suggestion & Contemplation, Leshya Dhyana-Color Meditation, Charkra Meditation, Healing through Sound Energy, Scientific Research in PM, SOL-De-addiction & rehabilitation, Asana& Pranayama, Video-Spiritual Reality, Indian Traditions of Meditations, Value Education & SOL, Anuvrat-A movement of Social Reformation.

(c) Non violence and Peace CUJ 103

Philosophy of Non-violence & Peace, Traditions of NV & Peace in India, Gandhi & Acharya Mahapragya-The Crusader of NV, Ahimsa Yatra, Economics of NV, Nonviolent Communication, Victory over the Common Danger, Non-violence in Burning Issues of Society, Role of Women in Indian Culture, Ecological Dharma, Protect Heritage of life, Anekant-A Jain Concept of Reconciliation, Training In NV, Vegetarianism.

(d) Prakrit CUJ 104

Prakrit capsule course will be dealt broadly with the phonology and morphology. It will cover both the traditional and linguistic pattern of teaching. To understand Prakrit, the contemporary classical language Sanskrit will be compared with. Though phonology and morphology students will learn the development of ancient Indian language through out the ages Beginning from the sound system with vowels and consonants, behavior of sounds etc. and parts of speech, in the morphology and construction of sentences etc. will be in the curriculum.

METHODOLOGY

Lectures, Presentation, Discussion, Field Survey.

SCHEME OF EXAM

The programme has three credits in 3 week duration. The evaluation will be based on the grades as per under:

Grading scale:

95-100 A

94. A-

91. B+

88. B

85. B-

82. C+

79. C

76. C-

73. D+

68-70 D

67. D-

64-0 F

SYSTEM OF EVALUATION

1. Term and exam
2. Continuous evaluation

The exams shall be conducted independently in each of the subject in the last 2-3 days. Each paper will be of hundred points. Examination evaluation system will be the internal evaluation system, where the exams will be taken by the concerned Professor.

The marks will be awarded in grades. On the completion of programme certificates will be issued mentioning therein the grades.

OTHER HIGHLIGHTS OF THE PROGRAMME

- (i) Visit to the places of historical and archeological importance in Ladnun, .
- (ii) Interaction with spiritual personalities.
- (iii) Meditation / Yoga session (6 to 7.15 A.M.), Needam.
- (iv) Wild sanctuary visit.
- (v) Cultural interaction.

Facilities available

- (i) Internet access (B.Ed. College and Computer Lab.)
- (ii) ISD (on payment)

COURSE FEE

US \$ 500/ Euro 400

Name:.....

Enrolment number:.....

Address:

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Summer Course 2009

Course level- 3 credit course

Course name- Understanding Jainism

Course code- CERTUJ 812

Subject	Code	Title	CRED	GRD	PTS
JSM	CUJ 101	Jainism	1	A-	3.7
Med	CUJ 102	Preksha Meditation	1	A	4
NV	CUJ 103	Non-violence	1	B+	3.3

Sign with seal

Fee	detail:	.
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Declaration		
I will abide by the rules & regulations mentioned in the brochure.		
Place:.....		
Date:.....		
Programme Coordinator		Signature of Candidate Dy. Director

Enrol. No.		Roll No.....

A/c Section

Dy. Registrar (Exam.)