



JAIN VISHWA BHARATI OF NORTH AMERICA

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A Happy & Harmonious Family Life

Preksha Meditation & Yoga - Family Camp

"The purpose of meditation is to purify emotions, thoughts and maintain physical, mental and emotional health"
– Acharya Mahapragya



The 3-day camp covers practical step by step instructions on Preksha Meditation technique including Mahaprana Dhwani, Kayotsarg, Internal trip, Anu Preksha, and Color Therapy. There will be parallel session for children.



The camp shall be conducted by

Samani Sanmati Pragya, Samani Jayant Pragya, Samani Chaitanya Pragya & Samani Unnata Pragya

The disciples of Acharya Mahashraman

Date:	Fri Aug 31 st 6pm – Sun Sept 2 nd 6pm (Labor Day Weekend)
Venue:	Shri Siddhachalam Jain Tirth, 111 Hope Road, Blairstown, NJ 07825
Registration Fees:	\$100 per adult/child over 12; \$75 per child under 12. The fees cover program participation, accommodation and meals

Camp Registration Form

1. Name: _____ Age: _____
2. Name: _____ Age: _____
3. Name: _____ Age: _____
4. Name: _____ Age: _____
5. Name: _____ Age: _____

Enclosed find the check \$_____ with check #_____.

Name:	Email:	Phone:
Street:	City:	State:

Please mail/ deliver form with the check to JVBNA at the above address.

Signature _____ Date _____