



Understanding Joy & Sorrow

*18th JVB Annual Spiritual Camp
Jan 16 – 18, 2015*



“Understanding Joy & Sorrow”

The camp will be led by distinguished Samaniji’s:

Samani Parimal Pragyaji

Samani Vikas Pragyaji

Samani Shukla Pragyaji

Samani Unnat Pragyaji



The summary of the camp is:

- In his book *Understanding Joy and Sorrow* Acharya Mahapragyaji links the sensation of Joy and Sorrow to rays of consciousness that are flowing from within and cannot be created. The cycle of joy and sorrow is perennial. Favorable conditions stimulate joy, whereas unfavorable conditions result in sorrow. Human mind plays an important role in these emotions. The same mind that makes human beings the smartest creatures in the world also causes it sorrow. The inability of a mind to differentiate between the body and soul causes sorrow. Another way of putting it is to say that Joy and Sorrow are transitory states of mind, whereas Happiness is beyond Joy and Sorrow – in fact a state beyond the mind.
- In this camp we will understand how to achieve such a state by practicing meditation.



Venue :

**Magnuson Grand Conference Hotel,
5651. Cypress Garden Blvd,
Winter Haven, FL 33884. Tel: 863-324-5950 , 1-800-247- 2799**

Camp Schedule

Friday January 16th 2015

Registration/Dinner/Opening Ceremony/Pravachan

6:00 PM – 10:00 PM

Saturday January 17th 2015

Bhaktamar, Yoga/Pranayam, Breakfast/Pravachans

Lunch/Rest

Afternoon Sessions

Dinner/Gaman Yoga

Cultural/Spiritual Program

06:15 AM – 11:55 AM

12:00 PM – 01:25 PM

01:30 PM – 04:50 PM

05:00 PM – 06:45 PM

07:00 PM – 10:00 PM

Sunday January 18th 2015

Bhaktamar/Pranayam/Yoga/Breakfast/Pravachans

Closing Ceremony

Lunch

06:15 AM – 11:25 AM

11:30 AM – 12:25 PM

12:30 PM

Registration Fees :

*\$300 for standard room and \$360 for deluxe room per family.
The fees cover program participation, accommodation & meals.
(Max 4 person per room)*



Jain Vishwa Bharati Orlando

7819 Lillwill Ave, Orlando, FL 32809

JVB Center has blessings from Acharya Shree Mahashramanji. JVB Orlando Center has continuous presence of Adarniya Samanijis. This year center has guidance of Adarniya Samani Parimal Pragyaji and Samani Vikas Pragyaji.

Our Mission

- To teach Jain studies and human life science enhancement activities to all Jains here in America where most of us look for a spiritual uplift and think about Jainism for our coming generations.
- To cultivate an atmosphere that nurtures non-violence (ahimsa), restraint (saiyam) and multiple views (anekantvaad) and thereby leads to spiritual enlightenment for human kind.



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Our Activities

- Jain studies amongst all communities guided by Samanijis.
- Organize seminars, training programs, workshops, and camp on Preksha Meditation, Yoga, nonviolence, and Anuvrat
- Swadhyay. It is a powerful means to increase knowledge. According to Jain Philosophy it is one type of penance among twelve types of Nirjara.

Topics of Discussion

- Karma theories, Bhakti, Meditation

Activity Schedules

- Swadhyay: Bimonthly (2nd and 4th Sunday) from 2:30 PM to 4:30 PM
- Gyanshala: Bimonthly (2nd and 4th Sunday) from 2:30 PM to 4:30 PM
 - Jainsim - Sutras
 - Indian Culture and Jainism in day to day life in America
- Bhaktamar and Meditation every Saturday from 7:30 am to 9:00 am
- Advance Swadhyay every Wednesday from 7:00 pm - 8:00 pm



For More Information about JVB Camp or

JVB Orlando, Please Call:

Jain Vishwa Bharati : (407) 852-8694

Ashok Shah : (407) 242-7187

Vijay Lunawat : (407) 851-4525

Kishore Tolia : (407) 227-6742

Devang Chitalia : (352) 394-2625

Manoj Gandhi : (321) 947-8530

Email: jainvishwa1@gmail.com

Website: www.jainvishwabharati.org



CAMP REGISTRATION FORM

Yes, I would like to attend the 18th Annual Spiritual Camp of Jain Vishwa Bharati USA

Name	Age	M/F

Address :

Street Address _____

City, State, Zip _____

Home Phone _____

Cell Phone _____

Email _____

Enclosed find the check \$ _____ with check # _____ .

Please mail/deliver form with the check to JVB Orlando, 7819 Lillwill Ave, Orlando, FL 32809

Signature _____

Date _____

