

Acharya Shri Mahapragya, the propounder of Jeevan Vigyan, left for his heavenly abode on 9th May, 2010.

His absence will always be felt but Science of Living will keep on drawing inspiration from his work and writings on various facets of life and artful living.

Jeevan Vigyan Intensive Training Camp

A two-week Jeevan Vigyan Intensive Training was conducted in the auspicious presence of Acharya Shri Mahasharaman at Sardarshahar from May 19 to May 31, 2010 in which 48 participants from Chhatishgarh, Jharkhand, Haryana, Karanataka and Rajasthan participated. The training was sponsored by Jayanti Lal, Vijay Kumar, Suyash Surana, Bagri Nagar/Chennai.

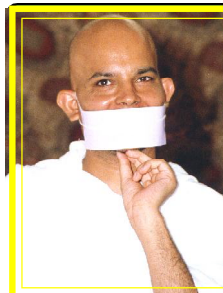


The training camp was directed by Preksha Professor Muni Shri Kishanlal assisted by Muni Neeraj Kumar, Muni Himanshu Kumar, Saman Siddhpragy, Samanivirind and faculty members of Jeevan Vigayan Academy, Ladnun. A training framework was produced before the training and writing of review report is in progress. It is hoped that the participants of the training will remain in touch through this e-newsletter by sending the news items about the Science of Living activities in their areas.

Jeevan Vigyan Lekh Pratiyogita Winner Honoured

Winners of Jeevan Vigyan Lekh Pratiyogita-2009, Rajesh Nahata, Ladnun (I), S.Gajalakshmi, T.V.Malai (II), Ratanlal Jain, Jaipur (III) and other three as per merit Vrajesh Nand Sharma, Ladnun (IV), Vishnukant Sharma, Chhapar (V), Keshar Verma, Ratangarh (VII) were

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Yuvacharya Mahasharman became the eleventh Acharya of Terapanth with a padabhishek ceremony conducted at G.V.M. Campus Sardarshahar on 23rd May, 2010

The expectations are upbeat that **Acharya Shri Mahasharman** will take Terapanth Samaj to new heights with his youthful leadership.



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honoured in the auspicious presense of Acharya Shri Mahapragyaji and Yuvacharyashri Mahasharmanji on 16th April, 2010 at a function held in Momasar (Churu).



The next competition for teachers is likely to be held in August 2010 and it is hoped that the readers will motivate teachers to participate in larger number.

Module for First International Jeevan Vigyan Camp for Foreign School Students and NRI Children is preparation.

The preparation of training module is in process for a five-day International Jeevan Vigyan Camp that will be organized in shortly. For registration, one may contact Jeevan Vigyan Academy, Ladnun. The medium for this residential training camp will be English. Along with the exposure to Science of Living, participants will be have exposure to local art, crafts and culture. The camp is likely to held from Dec. 27,2010 to Jan.2,2011.

Advisory Committee Meeting of J.V.Academy

Meeting of Jeevan Vigyan Advisory Committee is going to be held at Sardarshahar (Raj.) on 18-19 June, 2010 in the close proximity of Acharya Shri Mahasharmanji and direction of Muni Shri Kishanlal.

New Building of J.V.I.I.R.T. under construction

New Building of Jeevan Vigyan International Institute for Research and Training (J.V.I.I.R.T.) is under construction. The foundation stone was laid on 9-11-2009 in the auspicious presence of Acharya Shri Mahapragyaji and Yuvacharya Shri Mahasharmanji. Shri Dilip Surana of Micro Lab. India, Bangalore and Shri Devraj Moolchand Nahar Charitable Trust are providing financial aid for the building of the center. Construction work is in progress.



Proposed Building of J.V.I.I.R.T.

School-Based Workshops

Jeevan Vigyan Academy has decided to organise one-day school-based training programmes for teachers on pedagogy and personality development of teachers through Science of Living techniques. Also, workshops for students (3 to 5 days) can be made available to schools on Science of Living, self-study skills, memory skills and thinking skills. The desirous schools can write to JVA for these workshops for which the respective schools will pay for travel expenses, hospitality and professional fee.

Jeevan Vigyan Sanskar Nirman Pratiyogita-2009 winners to be facilitated in Sardarshahar on 19-06-10

The winners of Jeevan Vigyan Sanskar Nirman Pratiyogita-2009 have been announced. Manish Malu (Chhapar), Sumit Bothra (Sardarshahar), Bhavya Dasani (Sardarshahar) have bagged first, second and third position respectively. Other seven students have been awarded consolation prizes. In all, 1274 students participated in the competition from all over the country. The prize money for the first three positions is Rs. 5000/-, Rs. 4000/- and Rs. 3000/- respectively. While each consolation prize is of Rs. 1000/- (Sponsor : S.A. Manakraj Shinghvi Charitable Trust, Vandvasi, Chennai.)

:: Coming Events ::

Poorva Janam Anubhooti Shivir

Poorva Janam Anubhooti Shivir will be held in the auspicious presence of Acharya Shri Mahasharmanji and in the able direction of Preksha Pradhyapak Muni Kishanlalji from 30 August to 04 Sept., 2010 at Terapanth Bhawan, Sardarshahar (Raj.). For details & Registration contact- 09950039313.

Six month certificate course of Jeevan Vigyan : Admissions open

Admissions are open for six month vocational certificate course in Jeevan Vigyan by correspondence. National Institute of Open Schooling (M.H.R.D. New Delhi) is conducting this certificate course. Admissions and examinations are conducted twice in a year after six months. Seven chances will be given to the candidate to pass the exams. For further detail contact - Jeevan Vigyan Academy, Ladnun -341306 (Raj.) Ph. No. 01581-200170, e-mail : jeevanvigyanacademy@gmail.com, Web. www.jeevanvigyan.org.

Paper Accepted for International Conference

Research paper of Dr. Lalit Kishore, Director, JVA, has been accepted for International Conference on Education to be held in January 2011 in Hawaii, USA. The title of the paper is "Value-Basing School Education through a Complementary Science of Living Curriculum".

A capsule for adequate sleep

According to Muni Shri Kishanlal, Yog-Nidra is the technique of getting adequate rest by a short sleep and anti-dote for insomnia. Use this technique before going off to sleep while lying in the bed. (a) Lie down on your back and stretch your locked hands up and stretch your lower trunk down three times; (b) Let go your whole body and close your eyes softly; (c) Auto-suggest each part of your body to relax; (d) While breathing in feel peace entering every cell of your body and peace radiating out of your body while exhaling; (e) Auto-suggest that you're entering sound sleep; (f) With your right hand thumb scribe five'O clock on your forehead and go off to sleep.

Jeevan Vigyan Advisory Committee Formed

Momasar (April 17,2010): In a meeting held at 'Marudeva', Momasar (Bikaner) under the guidance of Muni Kishan Lal, Shri Bajrang Jain has been appointed as convener of Jeevan Vigyan Academy, Ladnun. An advisory committee was formed consisting of Shri Bajrang Jain, Dr. Suraj Surana, and Shri Vinod Patawari. The committee will work as think tank for Jeevan Vigyan Academy, Jain Vishva Bharati, Ladnun.

:: Announcement ::

For Training in Counseling

All the professional trainers of Jeevan Vigyan, School Teachers and School Counselors are requested to contact Jeevan Vigyan Academy, Jain Vishva Bharati, Ladnun (Raj.) for a five day training program from 9-13 Aug.,2010 on 'Counseling for School Students'. After the training the trainers will be able to organize such school based training for which they may get honorarium. The desirous trainers may contact- 01581-200170, 222977.

A Request to the Readers : The individual readers and institutions are requested to send the brief reports of Jeevan Vigyan activities organized by them with photographs to be included in coming issue of e-News-letter.