

EVENTS HELPING US REDUCE OUR HIMSA FOOTPRINTS



www.JainVegans.org

DATE	EVENT	DESCRIPTION
March 2010	World Peace Diet talks by Dr Will Tuttle around the USA.	See schedule of talks at: http://willtuttle.com/schedule.htm
14, 21 and 28 March	Seminars on Reversing Diabetes and Overcoming Obesity Mumbai & Bangalore, India. Registration and fees apply; see website.	Organisers: SHARAN (www.sharan-india.org) "These are amongst the first of our series of seminars focussed on individual conditions. We will be covering obesity, heart disease and hypertension, allergies and asthma and other conditions one by one. These are based on time tested techniques used by select physicians around the world like Dr Neal Barnard, Dr John Mc Dougall, Dr Joel Fuhrman and more, and adapted to Indian conditions and diets." "Our last seminars in Mumbai were sold out so please book as early as possible." Full details: http://sharan-india.org/events/peas-vs-pills-in-india
19 – 21 March	The 4th Southeast Asian Vegetarian Congress, Tour & Expo Medan, Indonesia. Registration and fees apply; see website.	"The congress should serve as more than just a regional meeting and information-sharing opportunity. We believe it is urgent to establish better-organized systems to develop vegetarianism as a global imperative for the sustainability of life and the environment". Full details: www.seavc2010.org
20th March (Saturday)	Brighton Eco Veggie Fayre The Hove Centre, Norton Road, Hove. BN3 4AH. UK. 11am to 6pm Entrance: Adults: £3, Under 14s:/OAPs: £1	Organisers: Off The Hoof (www.offthehoof.co.uk) "The Brighton Eco Veggie Fayre is a superb day out for the whole family and is the perfect introduction into an eco friendly veggie friendly Fair Trade way of life." "The show is packed full of stalls, products, food, information and education - as well as entertainment." Full details: www.ecoveggiefayre.co.uk
22 – 30 March	AYAMBIL OLI Oshwal Centre, Coopers Lane Road, Northaw, Hertfordshire. EN6 4DG. UK. SPONSORED BY JAIN VEGANS Ayambil lunch sitting daily: 12-1pm Volunteers' lunch sitting daily at 1-1.30pm Jain Vegans volunteers' contact: Minal Shah: Minal@JainVegans.org	Organisers: Oshwal Association of the UK (www.oshwal.org) Sponsors: Jain Vegans (www.JainVegans.org) For the first time in the 23 years of this biannual event at Oshwal Centre, all the food served to volunteers will be vegan (ayambil food is already vegan), and ingredients sourced will be organic as far as possible, with the rice being fairtrade as well as organic. Volunteers are needed to help serve food to the ayambil participants. If you would like to help at this special community event, please contact Minal Shah: Minal@JainVegans.org
2 – 9 April	Vegan Gathering Micklewood Park, Longhurst, Morpeth, Northumberland, UK.	Full details: www.vegne.co.uk/vegan-gathering
7 – 10 May	6th Taipei International Vegetarian & Organic Food Festival Taipei World Trade Center, Taipei, Taiwan.	For information, contact: debra-999@hotmail.com Otherwise, details will become available here: www.ivu.org
	Ethical eating weekend Worcestershire, UK. Registration and fees apply; see website.	Organisers: Compassion in the Kitchen (www.compassion-in-the-kitchen.org.uk) "Hands on, planet-friendly cooking with Jane Easton; seasoned with mindfulness meditation, workshops, and study led by Barry Hill (Achintya) and Birgit Muller. Tasty, animal-free recipes to support your care for our world, whatever your current dietary persuasion!" "Event fee includes all food for cooking, tuition, meals and accomodation." Full details: www.compassion-in-the-kitchen.org.uk

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22nd May (Friday)	Open Day at Hugletts Wood Farm Animal Sanctuary (Panjrapur) and Working Vegan Farm Grovelye lane, Churches Green, Dallington, East Sussex. TN21 9PA. UK 11am to 5.30pm Entry by donation. Contact for information: Jane: tel: 0788 404 6703 email: janejacks0n@btinternet.com	"Come and meet the many rescued farm animals who were originally destined for slaughter including recent arrivals Black Beauty and Archie, the two handicapped cows and Shadrac, Obadiah, Marcie and Cyrus (he is cute!) who have joined the sheep residents." "Plenty of hot and cold vegan food and drinks in the shelter of the barn, all freshly prepared. If wet, bring wellies if possible. There is plenty of shelter." "Beautiful Fair Trade clothing from India for sale and Hugletts merchandise + plants + organic charcoal." "Pick up from and return to Robertsbridge station can be arranged but do let us know in advance. Dogs are very welcome but please keep on a lead and not too near the animals."
29-30 May	Bristol Eco Veggie Fayre Bristol, UK. (Venue to be announced) Saturday: 11am to 11pm Sunday: 11am to 9pm (Entrance fees to be announced)	Organisers: Off The Hoof (www.offthehoof.co.uk) "The Bristol Eco Veggie Fayre is a superb weekend out for the whole family and is the perfect introduction into an Eco Friendly, Veggie Friendly and Fair Trade way of life." "The show is packed full of stalls, products, food, information and education - as well as entertainment. All food and products available at the show are 100% plant based." Full details: www.ecoveggiefayre.co.uk
7 - 11 July	36th Vegetarian Summerfest Conference Center at Pitt-Johnstown on the University of Pittsburgh campus at Johnstown, Pennsylvania, USA. Registration & fees apply - see website.	Organisers: The North American Vegetarian Society "Health and nutrition, lifestyle issues, cooking, recipes, exercise and fitness, animal rights, compassionate living, Earth stewardship, and even more!" "Social gatherings for everyone - singles, couples and families". "Great natural-food vegan meals". "Over 50 informative and inspiring speakers". Full details: www.vegetariansummerfest.org
1 - 22 August	FRUKTIFEST 2010: PARADISE International Fructivore/Fruitarian Festival Paimpont, Brittany, France. Entrance: Free	"Fructivory is the practice of eating only fruits, so neither roots, tubers, stalks, leaves and nor, obviously, animal products. Fruitarianism is fructivory and the respect philosophy associated with it". Full details (Fresh & English): http://www.fruitarisme.lautre.net/fruktifest.html
13 - 14 August	South & West Asia Regional Vegetarian Congress Bangalore, India.	For information, the IVU Regional Coordinator for South & West Asia, Shankar Narayan: indianvegansociety@rediffmail.com Otherwise, details will become available here: www.ivu.org
28 - 30 Sept	Middle East Vegetarian Congress Dubai, United Arab Emirates.	Details will become available here: www.ivu.org
1 - 6 Oct (Jakarta) & 7 - 9 Oct (Bali)	39th IVU World Vegetarian Congress Jakarta & Bali, Indonesia. Registration required. Details on website.	Organisers: International Vegetarian Union (IVU) (www.ivu.org) Full details: www.wvc2010.org
3 - 5 December	East Africa Vegetarian Congress Nairobi, Kenya.	For information, contact the IVU Regional Coordinator for Africa, Emmanuel Eyoh: nigveganimal@yahoo.com Otherwise, details should become available here: www.ivu.org
5 - 7 December	Middle East Natural & Organic Foods Expo 2010 (including an exhibition by the Middle East Vegetarian Group) Dubai, United Arab Emirates.	For information, contact IVU International Council member, Sandhya Prakash: sandhya@meveg.info Otherwise, details should become available here: www.ivu.org
October 2011	5th Asian Vegetarian Congress Hangzhou, China	Details will become available here: www.ivu.org
2011	13th International Vegan Festival Turin, Italy.	Details will become available here: www.ivu.org