



# Jain Vishva Bharati London

All programmes will be held in the auspicious presence of **RESP. SAMANIJIS:**  
**Prasanna Pragyaji & Vikas Pragyaji** (Disciples of H.H. Acharya Shree Mahashraman)

## Paryushana for Children 2011

### DATES

26 August - 2 September

### TIMING

7:30 – 9:30pm daily

### VENUE

London Academy in  
Edgware

### ALL ACTIVITIES WILL BE IN “ENGLISH”

7:30-8:00pm: English Pratikramana

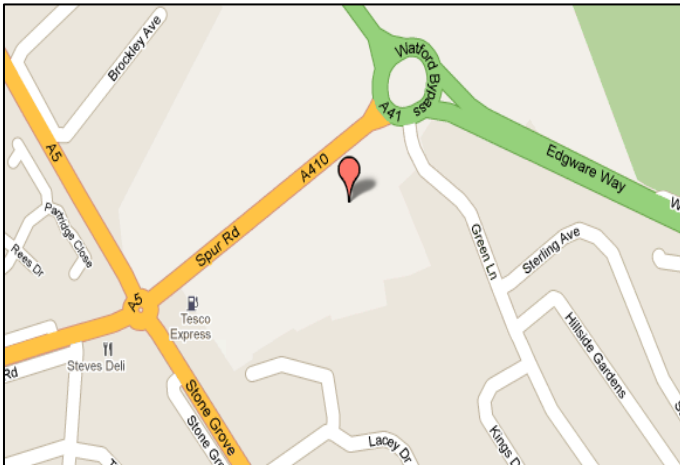
8:00-8:30pm: A special talk on Jainism and daily life  
by different young Lecturers

8:30-8:45pm: Question & Answer Session

8:45-9:30pm: Prayer, Yoga, Meditation, Story &  
Games

**PARYUSHANA WORKSHEET:** Will be provided to all children. Participants with the highest score will be given a prize

1	Friday	26 August	<b>Paryushana &amp; Pratikramana</b> - What is Paryushana? What is Pratikramana? How is it practised? Why is it practised?
2	Saturday	27 August	<b>What is Jainism?</b> – What are the core beliefs of a Jain? What are the key festivals and traditions?
3	Sunday	28 August	<b>Why should I be proud to be a Jain?</b> - Relevance of Jainism, scientific and logical proof, achievements of Jains
4	Monday	29 August	<b>Why do Jains do certain things?</b> - What is the reasoning behind the rituals, practices, mantras and the diet of Jains?
5	Tuesday	30 August	<b>BHAKTI AND DRAMA</b> by children
6	Wednesday	31 August	<b>What is the truth behind Jainism?</b> – What is the real history of Jainism? Can the myths be dispelled?
7	Thursday	1 September	<b>How can Jainism help you?</b> – What is the role of religion in the life of a child? How can its daily practice help at school and in relationships?
8	Friday	2 September	<b>SAMVATSARI PRATIKRAMANA</b> - 40 Logassa meditation and Kshamayachana



*The full address:*

**London Academy (Plaza 4 Rooms),  
Spur Road,  
Edgware, Middx HA8 8DE**

**PLEASE SEE “SEPARATE FLYER” FOR DETAILS OF ADULTS’ PROGRAMME**